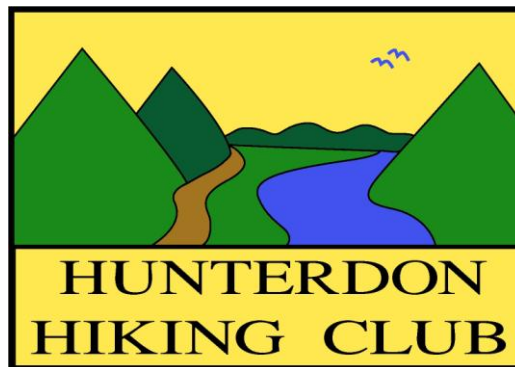


# Hunterdon Hiking Club

Organized 1980

Affiliate of the Hunterdon County  
Department of Parks and Recreation



## WINTER 2018-2019 NEWSLETTER DECEMBER JANUARY FEBRUARY

HHC Web Page: [www.HunterdonHikingClub.org](http://www.HunterdonHikingClub.org)

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Hunterdon Hiking Club  
C/O Hunterdon County Dept of Parks & Recreation  
PO Box 2900  
Flemington, NJ 08822-2900

**Note : This version was edited for web publication and omits meeting place detail and most leader personal contact info**

# GENERAL INFORMATION ABOUT THE HUNTERDON HIKING CLUB

## Who we are!

The Hunterdon Hiking Club (HHC) is an affiliated organization of the Hunterdon County Parks System. The purpose of the club is to provide a forum where individuals may join with others for the personal enjoyment of hiking and other outdoor activities.

## What do we do?

Hikes are scheduled for almost every Saturday, Sunday, Tuesday, Wednesday and Thursday. Bicycle rides are scheduled on Tuesdays and Fridays in season and shorter hikes are scheduled for Tuesdays. Canoe/kayak trips and X-country skiing are often scheduled as the weather permits. Weekday trips combining a city walk plus a visit to a museum are occasionally scheduled.

## HHC General Membership Meetings

HHC meetings are the second Thursday of the month, at the Parks Office:

1020 Highway 31, Lebanon, NJ 08833 [www.co.hunterdon.nj.us/depts/parks/parks.htm](http://www.co.hunterdon.nj.us/depts/parks/parks.htm).

The meetings start at 7pm. (No meetings in July, August & December).

## Hunterdon Hiking Club Officers - June 2018 – May 2019

**President:** Pat Hennessy 908-963-7327

**Secretary:** Hilma Pacher

**Treasurer:** Tom Beier 609-397-9675 (address in application form, page 3)

**Website:** Mark Hermsmeier

### **Indoor Program:**

Gail Jacobsen

Beth and Bruce Michael 908

### **Outdoor Program:**

Mary Curtis Lynn Nicklen

June Filipski Pam Bland

**Membership:** Loretta Mizeski [ljmski64@gmail.com](mailto:ljmski64@gmail.com)

### **New Membership Inquiries:**

Gail Jacobsen 917-939-6391 [Jacobseng@mail.com](mailto:Jacobseng@mail.com)

**Newsletter:** Tom Norwood

**Hospitality:** Lynn Nicklen

## Announcing [Groups.io](http://groups.io) - New Group For Hike Updates

In December, the official switch will take place from using Yahoo (HHCEVENTUPDATES @yahoogroups.com) for our update website and email service to our new group, [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io). This change was made due to The unreliability and lack of technical support at the Yahoo site. Most of you- our current members - should already be aware of the change and have been automatically enrolled on the new email list and new members will be enrolled when they join.

Many thanks to the team of Charlie B., Mark H. and Sylvia C. who made this possible with numerous hours of research, planning and testing! You will receive an email from us when the transition will be officially in effect - if all goes well, during the month of December.

# Hunterdon Hiking Club Membership Form

**Membership Year: August 1st to July 31st**

Please check one: ☐ New ☐ Renewal (Please renew by July 31)

**Please Print Neatly:**

Name: \_\_\_\_\_

If family membership, please list other family members:

\_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

The HHC Newsletter will be sent to your e-mail address.

Check here if you **need** to receive a hardcopy newsletter via regular mail: \_\_\_\_\_.

(Note: Although we don't currently charge extra, the hardcopy costs the club about \$10 per membership/year, plus volunteer labor; e-mails are free!)

**Payment Enclosed:**

1. Membership: \$\_\_\_\_\_ **Circle one:** One year Single (\$15) Family (\$20)  
Two years Single (\$30) Family (\$40)

2. HHC Club Patch if desired: \$\_\_\_\_\_ # \_\_\_\_\_ patches @ \$3 each

3. Total Enclosed: \$\_\_\_\_\_ (check payable to **Hunterdon Hiking Club**)

4. **Today's Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

New members or members with any info changes, please mail application with check to: **Loretta Mizeski, 130 Philhower Ave., Califon, NJ 07830. CHECK MUST BE PAYABLE TO HUNTERDON HIKING CLUB!**

Renewing members with **no changes in info**, please mail check **directly** to treasurer: **Tom Beier, 8 Edna Horn Dr. Stockton, NJ 08559** (no application needed but indicate member name if single membership on joint check and one or two year membership). **CHECK MUST BE PAYABLE TO HUNTERDON HIKING CLUB!**

**New** members need to sign the liability waiver (on next page). Please include it with the application and check. Note that the membership year ends July 31. However **new** members who join after March 1 do not have to renew until July of the following year. Any questions about new memberships contact **Gail Jacobsen**; [jacobseng@mail.com](mailto:jacobseng@mail.com). Current members contact **Loretta Mizeski** at [ljmski64@gmail.com](mailto:ljmski64@gmail.com)

**Note: We use emails, sent via [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io), to send out notices for cancellations and last-minute changes. When you join, you will automatically be added to our list to receive these emails.**

***For Membership Committee use only:***

\_\_\_\_\_ Recorded \_\_\_\_\_ Liability Waiver received (new member)

\_\_\_\_\_ Acknowledged \_\_\_\_\_ added to [groups.io](https://groups.io) (new members)

Rev 8/18

# HUNTERDON HIKING CLUB MEMBER GUIDELINES AND LIABILITY WAIVER

## PURPOSE OF THE CLUB:

To provide an opportunity to explore the outdoors by hiking, biking, canoeing, cross country skiing, etc. with others who have similar interests.

## GUIDELINES FOR PARTICIPATION:

1. Choose an activity that is appropriate for your level of expertise. If you have questions about the degree of difficulty, please call the activity leader.
2. Bring water, appropriate footwear, personal first aid kit and clothing for possible inclement weather.
3. Arrive at the meeting place 5-10 minutes before the departure time listed.
4. Familiarize yourself with the plan of the day.
5. Do not bring pets on hikes unless otherwise indicated.
6. Do not consume alcoholic beverages during the hike itself.
7. During the activity, stay with the group. Don't stop, lag behind, or go ahead without the leader's knowledge.
8. Leave the area as you find it: pack out all trash, do not pick wildflowers, etc.
9. Smokers: Please wait for rest stops and be considerate of others. Make sure your cigarettes are extinguished before continuing the activity. It is preferred that you do not smoke.
10. If reservations are required, call leader by date stated. If a deposit is required, the deposit is your reservation, not the phone call. In most cases, deposits cannot be refunded unless a replacement is found.
11. The activity leader reserves the right to terminate the activity if he/she believes the group or an individual's health or safety is in jeopardy.

## HAZARDS AND RISKS:

I understand that during my participation in any Hunterdon Hiking Club activity, I may be exposed to a variety of hazards and risks, foreseen or unforeseen, which may be inherent in each activity and cannot be eliminated without destroying the unique character of the activity. I am personally responsible for all risks associated with travel to/from the starting point of any activity. The leaders of these activities are volunteers, not paid professional guides or leaders.

## PERSONAL RESPONSIBILITY:

1. No one but myself is responsible for my safety when I choose to challenge my capabilities or personal health conditions. I take responsibility for having appropriate skills and physical conditioning, equipment and supplies for these activities.
2. I also understand that there may not be immediate rescue or medical facilities or expertise necessary to deal with the injuries and damages to which I may be exposed.

## LIABILITY WAIVER:

I understand and agree that I am voluntarily participating in an activity with the Hunterdon Hiking Club and assume all risks and hazards incidental to such participation. I waive and release all rights and claims for damages against the Hunterdon Hiking Club, its officers, volunteers, and other participants for any and all injuries that may be suffered while participating in any of their activities. I further agree to indemnify and hold harmless the Hunterdon Hiking Club and each of its members from any claim for loss or damage or injury to me or any member of my family arising from or in connection with any participation in the program listed. **(All adult members in single or family memberships must sign below when they first join.)**

Print Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

**New members only:** Please sign and return to the Membership Chair of the Hunterdon Hiking Club.

REVISED 2010

## **Indoor Program Schedule**

**December - There is no HHC meeting.**

### **Thursday, January 10, 2019 7:00 p.m. - Yahoo Groups Replacement**

HHC has moved from Yahoo Groups to a new platform - Groups.io - for sending email, hosting files, and tracking activities. Now that we have been on Groups.io for two months, Charlie Behnken and Mark Hermsmeier will offer a presentation on other capabilities existing on the site like photo sharing, calendar features, and general navigation. The presentation will be followed by a question and answer period where you can raise any issues you have encountered.

### **Thursday, February 14, 2019 7:00 p.m. - Co-existing With Coyotes**

Coyotes are part of our County's population. Their numbers are growing and they are making their presence felt. Tom Sheppard, Chief Park Naturalist, will join us for the night as we discuss the comeback of the Eastern Coyote and the issues, concerns, and benefits that surround this species. Learn how you can adapt to co-exist with this creature.

## **HHC Annual Holiday Party**

**DATE:** Saturday, December 8, 2018

**TIME:** 6:00 p.m.-9:30 p.m.

**PLACE:** Razberry's, 834 Route 12, Frenchtown, NJ

**COST:** \$36 for members and \$51 for non-members

There will be appetizers, buffet dinner, cash bar for beer and wine, and a DJ.

Mail checks made payable to Hunterdon Hiking Club to:

Gail Jacobsen

556 Charlestown Road

Hampton , NJ 08827

Mail checks by November 26.

# **Museum Walks**

Occasional trips combining city (or country) walks with a visit to a Museum or a Historic building or site, are scheduled. These are full day trips and include a stop for lunch or dinner. Participation is limited. Further information will be sent by the leaders via [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io) approximately two weeks before the scheduled event and you may sign up for the trips (by email if possible) after the [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io) email notice. Please respond to the leader listed in the Museum walk write-up to sign up.

**Monday, December 10<sup>th</sup>**

**Martin Guitar Museum and Mack Trucks Museum**

**Leader: Gail Jacobsen**

## **Martin Guitar Museum in Nazareth PA**

Join us for a visit to the Martin Guitar museum where over 200 rare vintage instruments (mostly guitars) are on display. This museum honors many legendary musicians from Gene Autry and Willie Nelson to Elvis Presley and John Mayer. During a private guided tour of the factory, you will have an opportunity to see the very dedicated employees making the finest steel-string acoustic guitars in the world. You will witness firsthand the detail of exquisite craftsmanship that goes into each and every guitar.

## **Mack Trucks Historical Museum in Allentown PA**

What year did the Mack Senior model debut? When was the first Mack diesel engine produced? When did Mack adopt the bulldog as its mascot? Or a little closer to home: What transmission was outfitted on your grandfather's 1940 Mack? If you've got questions – and perhaps a vehicle identification number – there's a pretty good chance the Mack Trucks Historical Museum has the answers within their archives. A private guided tour is included.

Watch for an email two weeks before for more details to sign up for this trip

## **SPECIAL EVENT**

### **PHILADELPHIA MUMMERS DAY PARADE**

**New Years Day**

**January 1, 2019**

**Leader: Doris Spencer**

Welcome 2019 at this world famous Philadelphia event! Watch the Mummers march and strut their way through Philadelphia to celebrate the New Year as they have every year since 1901. The parade is an all day event with three separate divisions...Comics, Fancy Brigades and String Bands. 10,000 men, women and children participate.

We will travel to Philadelphia by train and walk to the Kimmel Center located on Broad Street at the heart of the parade route. The Kimmel Center will be open for the day with a variety of indoor programs, including concerts and organ demonstrations. Food, beverages are available for purchase. The parade can be viewed from the Center's windows and balcony, or outdoors on Broad Street from City Hall to Washington Avenue.

THIS MUSEUM WALKS/SPECIAL EVENT IS LIMITED. Watch for an email two weeks before for more details to sign up for this trip

**Thursday, January 10th**  
**Roebling Museum**  
**Leader: Gail Jacobseng**

Join us for a visit to the Roebling Museum in Roebling, NJ. The Roebling Story is a classic American tale of immigration, innovation, hard work, and entrepreneurship. The Roeblings designed and built or erected the cables for several of the world's greatest suspension bridges, including the Brooklyn Bridge, the George Washington Bridge and the Golden Gate Bridge. Roebling wire rope helped make possible some of the most important technological achievements of the industrial age: telegraphs and telephones, electrification, deep mines and big ships, elevators and airplanes. A former gateway to the Roebling Mill, the main gate museum building once served as the passage point for thousands of workers on their way to the steel mill each day. The day will include a private tour of the museum and a walking tour of the town of Roebling.

Watch for an email two weeks before for more details to sign up for this trip.

**THURSDAY FEBRUARY 14**  
**Michener Museum, Doylestown, Pa**  
**Leader: Doris Spencer**

Celebrate Valentine's Day with trip to a favorite local museum, the Michener in Doylestown, Pa.

In addition to the museum's permanent collection of arts and crafts and paintings of Pennsylvania artists, three special exhibits will be on display. The Janis Project is a multi media experience that encourages dialogue about art in public spaces. Each sculpture has two faces. The figures carry a message of unity and invite us to consider the issues that divide us. "Integration" invites visitors to interact with the exhibit by rearranging portions of the sculptural pieces and to weave stories of their lives into the exhibition. Another exhibit, "The Art of Seating" is a 200 year survey of exceptional chair design.

We will take a short walk around Doylestown and have lunch in a local restaurant..

Watch for an email two weeks before for more details to sign up for this trip

# Weekday Outdoor Activities

## **Tuesday Short Hikes**

- see page 13 for the Tuesday hike schedule

## **Wednesday Hikes**

- see page 14 for the Wednesday hike schedule.

## **Thursday “C Pace” (Energetic) Hikes**

- see page 15 for the Thursday hike schedule.

## **Tuesday Bike Rides**

**Meryl M. Cell:**

Bike rides spring, summer, and fall of about 12 miles, mostly on bike paths with some stops to enjoy the views. Details on the upcoming ride, including meeting place, will be emailed weekly via [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io).

## **Friday Short Hikes**

**Pat H.**

Friday short hikes of approximately three miles. These hikes are mostly in the Winter when the bike rides are over. Specifics will be emailed weekly via the [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io). If you are not on the [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io) list, you can email Pat or telephone her each week for details.

## **Friday Bike Rides**

**Pat H.**

Friday rides in spring, summer, and fall of twelve to twenty-five miles, followed by lunch. Details are emailed weekly via on the [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io). If you are not on the groups.io list you can email Pat or telephone her each week for details.



## Leaders Needed

### Sign up to Lead an Outdoor Event this Spring

The Outdoor Committee is now scheduling activities for Saturdays and Sundays in the 2019 Spring months: March, April and May. New leaders, as well as experienced leaders are welcome. Pick a favorite spot for hiking or other activity. Pick a date. In January June F. will be directing you to fill in your event on the HHC weekend calendar. If you can't wait ~ do it now. The Calendar is always open going forward.

## WEEKEND OUTDOOR ACTIVITIES

**OPEN DATES: NO LEADER --** There are several open dates. Please sign up on [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io) to lead a hike on any of the "open" dates. Please contact a member of the Outdoor Committee if you need help getting the required Sign-In/Waiver and Leader Guidelines forms or any other information.

**Saturday, December 1    Voorhees State Park    4 Miles    Class 3B**  
**Beverly O.**

We will travel outside the park through a woods to Columbia Trail, up the back hill to High School, then cross park and back up to Voorhees Park parking lot. Steep down and ups. (Meet at park to drive short distance to a path that goes down the first trail; not easily found otherwise; details to be added later).

**Sunday, December 2    Central Park & The Jewish Museum    3-4 Miles    Class 1B**  
**Yolanda**

Visit The Jewish Museum on Fifth Ave. with its rich collection of artistic, cultural and ceremonial objects. Will take subway or bus to the museum. After museum visit, we walk through Central Park and back to Port Authority Museum Admission: \$12.00 seniors/\$18.00 Adults Lunch in the museum cafeteria. **Note Bus Departs Clinton 8:30!!**

**Saturday, December 8    Annual Holiday Party**  
**6:00-9:30 PM    Meet: Razberry's 834 Rte. 12, Frenchtown, NJ**  
**Gail J.    [jacobseng@mail.com](mailto:jacobseng@mail.com)**

Check availability by email and then send a check made payable to Hunterdon Hiking Club, \$36 for members and \$51 for non-members to Gail Jacobsen, 556 Charlestown Road, Hampton, NJ 08827. There will be appetizers, buffet dinner, cash bar for beer & wine and a DJ.

**Sunday, December 9 Dry Run Creek & Rockhopper Trails (West Amwell Twp.) 4 Miles Class 2B  
Pam B.**

Shuttle from parking lot in Lambertville to Wooden's Lane, trailhead for Dry Run Creek trail (very limited parking here). Upon reaching Rt. 518, connect to Rockhopper Trail to hike through the woods to Lambertville. Walk along Bridge St. to return to parking lot. We shall hike a section of the trail used by Gen. Washington & his troops on their trek to the Battle of Monmouth.

**Saturday, December 15 Readington / Deer Path Park trails 3.5-4.5 Miles Class 2B  
Sylvia C.**

Hike or winter fun opportunity depending on snow

**Sunday, December 16 Point Mountain 5 Miles Class 3C  
Marianne V.**

Hike is steep at first but gradual downhill. Poles may be handy. Lunch TBD.

**Saturday, December 22 Open No Leader**

To lead a hike on this date, please send details to [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io)

**Sunday, December 23 Wickicheck Preserve 5 + or – Miles Class 1B  
Ann W.**

Hike through the preserve to the covered bridge and then back to the parking lot via Worman Road. Let's burn off those holiday calories!

**Saturday, December 29 Duke Farms 5-6 Miles Class 1C  
Linda M.**

Walk off those holiday calories on this hike which will loop around Duke Farms and detour a bit up to the pet cemetery. Bring water; restrooms at Visitor Center and throughout the hike. Optional lunch at the cafe in the Visitor Center.

**Sunday, December 30 Open No Leader**

To lead a hike on this date, please send details to [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io)

**Saturday, January 5 Mercer County Park and Van Ness Refuge 4-5 Miles Class 2B  
Ann L.**

This is rescheduled from the canceled Oct. 27 hike. Mostly scenic wooded trails along Mercer County Lake, the dam, and the Assunpink, flat. After four miles, you can opt out or continue for another mile. Specifics will be sent the week of the hike.

**Sunday, January 6 Sourland Mountain Ecosystem Preserve loop in Hopewell Twp. 4.5 Miles Class 3B  
Lynn E.**

The trail goes through woods with a small section on a back road. Ups and downs, but nothing really steep. Very rocky, likely wet at this time of year. Stream crossing. Hiking poles and sturdy boots are recommended. NOTE ... this is NOT the Sourland Preserve in Hillsboro, but is in Hopewell.

**Saturday, January 12 Open No Leader**

To lead a hike on this date, please send details to [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io)

**Sunday, January 13 Rocky Hill to Kingston and Back. 5 Miles Class 2A  
Geoff N.**

No hills on this hike. Option to meet at the trailhead at 10:00am. Trail head parking is opposite the Quarry on Rocky Hill/Kingston Rd. (Drive through Rocky Hill on Rt. 518. After crossing over the Millstone River bridge, turn right at the traffic light onto Kingston Rd. Look for the sign for the parking lot on the right.). Optional lunch at Vera Pizza by Montgomery Theater.

**Saturday, January 19 Open No Leader**

To lead a hike on this date, please send details to [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io)

**Sunday, January 20 Cross Country Ski Clinic & Hike (If No snow) 2 Miles Class 2B  
Daniel M.**

In this workshop, the participants will learn about the different types of cross-country ski equipment, what to look for in selecting your first pair of skis. Other topics will include: how to dress, basic 7 skills, your 1st day on skis, and where to go skiing. The indoor lesson will last 1½ hour. If the ground is snow covered, an additional 1+ hour outdoor ski lesson will be offered. If not, we shall hike on the trails. Participants will have to provide their own ski equipment for the outdoor lesson. Rentals are available at Langhorne Ski & Scuba, 1757 North Olden Avenue, Ewing, NJ 08638 Tel: 609-538-1970 The workshop will be co-instructed by Kevin Kavanaugh, Ewing and Daniel Nurmi McAuliffe, Langhorne.

**Saturday, January 26 Round Valley Reservoir 6 Miles Class 3C  
Mark H.**

Bring lunch. If we're lucky and there's enough snow, we'll do snowshoeing.

**Sunday, January 27 Columbia Trail/Ken Lockwood Gorge 8 Miles Class 1C  
Yolanda**

Easy, flat walk

**Saturday, February 2, Open No Leader**

To lead a hike on this date, please send details to [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io)

**Sunday, February 3 Trail connecting Baldpate Mountain and Washington Crossing State Park 5 Miles Class 3B**  
**Lynn E.**

This is a new trail that the D&R Greenway has just completed that connects the Fiddler's Creek Preserve, Baldpate Mountain and Washington Crossing State Park. The hike will begin on trails through the Fiddler's Creek Preserve, to Washington Crossing State Park, and return on trails on Baldpate Mountain. There will be some steep places in Fiddler's Creek and Baldpate, possibly wet on fields in the State Park. Hiking poles are recommended.

**Saturday, February 9 Open No Leader**

To lead a hike on this date, please send details to [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io)

**Sunday, February 10 Open No Leader**

To lead a hike on this date, please send details to [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io)

**Saturday, February 16 Open No Leader**

To lead a hike on this date, please send details to [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io)

**Sunday, February 17 Cross Country Ski Clinic & Hike (If No snow) 1:30pm-4pm 2 Miles Class 2B**

**Daniel M.**

In this workshop, the participants will learn about the different types of cross-country ski equipment, what to look for in selecting your first pair of skis. Other topics will include: how to dress, basic 7 skills, your 1st day on skis, and where to go skiing. The indoor lesson will last 1½ hour. If the ground is snow covered, an additional 1+ hour outdoor ski lesson will be offered. If not, we shall hike on the trails. Participants will have to provide their own ski equipment for the outdoor lesson. Rentals are available at Langhorne Ski & Scuba, 1757 North Olden Avenue, Ewing, NJ 08638 Tel: 609-538-1970 The workshop will be co-instructed by Kevin Kavanaugh, Ewing, and Daniel Nurmi McAuliffe, Langhorne.

**Saturday, February 23 Open No Leader**

To lead a hike on this date, please send details to [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io)

**Sunday, February 24 Open No Leader**

To lead a hike on this date, please send details to [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io)

**Sunday, March 3 Califon Firehouse Breakfast/Road Hike 4.5 Miles Class 2B 9:30 AM**  
**Loretta M.**

Walk a short distance from Califon Island Park to the Firehouse for an all-you-can-eat-breakfast (\$7/\$6 Seniors), then walk it off on a scenic loop out of town with one short steep hill and a beautiful view of the valley. If you want to do only the walk, meet outside the Firehouse at 10:30. Rain cancels. Sneakers are fine. Directions: Rt. 513 to Main St., Califon (Rt. 512). Bear left after the bridge, go one block (see Firehouse ahead on right but we are meeting at the park before the breakfast). Turn left onto Bank St. Califon Island Park is one-quarter mile on the left

## Tuesday Short Hikes – Winter 2018-2019

Class: 1A – 3B, Leaders: See individual hikes, Meeting Times: 9:30 a.m.

Leaders: Doris S, Gail J, Geoff N, John S, Lynn E. Peggy G, Rose-Mary M, Sylvia S

Note: In case of bad weather call leader to make sure hike is on, or check [HunterdonHikingClub@groups.io](mailto:HunterdonHikingClub@groups.io).

Dec 4, Minquin Woods Class: 1B Miles: 3 Leader: Geoff N Lunch: Hampton Junction.	Jan 22, South Branch Rail Trail Class: 1A Miles: 4 Leader: Rose-Mary M. Lunch: TBD
Dec 11, Schick Preserve Class: 2B Miles: 3 Leader: Peggy G. Lunch: Little York Inn	Jan 29, Sparta History Walk Class: 1A Miles: 2 Leader: Gail J. Lunch: TBD
Dec 18, Roaring Rocks Trail Class: 2B Miles: 3 Leader: John S Lunch: Italian Restaurant Rt. 57 and Brass Castle Road	Feb 5, Flemingtonparks green way Class: 2B Miles: 3-4 Leader: Sylviac Lunch: Platform one
Dec 25, No Tuesday hike on Christmas Day. Class: 2B Miles: 0 Leader: Geoff N Lunch: none	Feb 12, Round Valley Class: 1B Miles: 3 Leader: Geoff N Lunch: TBD
Jan 1, Hoffman Park. Corner Rd. S of I-78 Exit 12. Class: 1A Miles: 2.8 Leader: Geoff N Lunch: Clinton Rail road diner.	Feb 19, Morales Park and Winter Holiday Lunch Class: 1B Miles: 3 Leader: Doris S. Lunch: Lunch at Doris' house.
Jan 8, Nishasackawick loop Class: 2B Miles: 3-4 Leader: Sylvia c Lunch: Italian restaurant frenchtown	Feb 26, Pryde's Point Class: 3B Miles: 3 Leader: Lynn E. Lunch: Amwell Valley Diner
Jan 15, McBurney Woods section of Sourland Ecosystem Preserve, Hopewell Twp. Class: 3B Miles: 3 Leader: Lynn E. Lunch: Orlando's Restaurant	

## Wednesday Hikes – Winter 2018-2019

Class: 1B – 4B, Leaders: See individual hikes, Meeting Times: 9:30 a.m.

Leaders: Geoff N. Linda B. Linda de N. Lynn E. Mary Ellen B. Yolanda E.

Note: In case of bad weather call leader to make sure hike is on, or check HunterdonHikingClub@groups.io.

**NO HIKES SCHEDULED SO FAR ON JAN 9, FEB 6, FEB 20**

Dec 5, Lambertville Towpath Walk Class: 1C Miles: 5 Leader: Linda de N. Lunch: Marhaba on way back plus dessert option Owowcow	Jan 16, Worman's/Lower Creek Road Class: 1C Miles: 4 Leader: Yolanda E. Lunch: TBD
Dec 12, Jockey Hollow Class: 2B Miles: 4.5 Leader: Mary Ellen B. Lunch: Lenny's Sub Shop, Bernardsville Shopping Plaza, 80 Morristown Rd., Bernardsville	Jan 23, Lord Sterling Environmental Education Center Class: 2B Miles: 4 Leader: Linda B. Lunch: Bells Burger Shack
Dec 19, Historic Smithville hike and tour of Smithville Mansion Class: 2B Miles: 4 Leader: Lynn E. Lunch: Vincentown Diner, lunch optional	Jan 30, Curlis Lake Woods/Equestrian Center/Rosedale Park Class: 3B Miles: 6 Leader: Lynn E. Lunch: Orlando's restaurant
Dec 26, Hiking and the last ever party at Raven Rock. Class: 2B Miles: 2,3&5 Leader: Geoff N Lunch: Geoff and Lynns house.	Feb 13, The cell tower Class: 2B Miles: 4 Leader: Geoff Nicklen Lunch: TBD
Jan 2, Sandy Hook Beach Walk Class: 1C Miles: 5 Leader: Linda de N. Lunch: Bahr's Landing	Feb 27, Carversville Walk Class: 2B Miles: 4 Leader: Yolanda E. Lunch: General Store near the bridge

## Thursday “C Pace” (Energetic) Hikes – Winter 2018-2019

Class: 1C – 3C, Meeting Times: See individual listings.. Always bring a packed lunch to eat on the trail.

Note: In case of bad weather call leader to make sure hike is on, or check [HuntermHikingClub@groups.io](mailto:HuntermHikingClub@groups.io).

<b>Dec 6, Pickell Park to Round Valley</b> Class: 3C Miles: 8.4 Leader: Judy M.	<b>Jan 24, Brendan Byrne State Forest</b> Class: 2C Miles: 6 Leader: Charlie B.
<b>Dec 13, High Point - AT/Iris trail loop</b> Class: 3C Miles: 9.5 Leader: Charlie B.	<b>Jan 31, Horseshoe Bend Park</b> Class: 2C Miles: 6 Leader: Jackie S.
<b>Dec 20, Point Mountain trails</b> Class: 3C Miles: 6 Leader: Mike W.	<b>Feb 7, Turkey Mountain</b> Class: 3C Miles: 4.6 Leader: Judy M.
<b>Dec 27, Wickecheoke Greenway</b> Class: 2C Miles: 5-6 Leader: Jackie S.	<b>Feb 14, Oxford to Hot Dog Johnny's</b> Class: 1C Miles: 7 Leader: Mark H.
<b>Jan 3, Mt Tammany Sunrise Hike</b> Class: 3C Miles: 4 Leader: Mark H.	<b>Feb 21, Kittatinny Valley State Park</b> Class: 3C Miles: 8.5 Leader: Charlie B.
<b>Jan 10, Tammany Fire Road to Sunfish Pond</b> Class: 3C Miles: 10 Leader: Ron G.	<b>Feb 28, Coppermine Trail to Sunfish Pond</b> Class: 3C Miles: 8 Leader: Ron G.
<b>Jan 17, Columbia Trail / Ken Lockwood Gorge</b> Class 2C Miles 8.4 Leader: Mike W	

# Hike and Bike Ride Classifications

Hikes and bike rides are rated based on type of terrain and pace. It is important that you select physical activities based on your personal abilities.

<b>Terrain Classification</b>	<b>Hikes</b>	<b>Rides</b>
<b>Class 1</b>	Easy, mostly flat.	Easy, flat. Mostly on bike paths, gravel or paved. Occasionally on roads that will have a small amount of traffic
<b>Class 2</b>	Intermediate, rolling hills, some stone or rocks on trail.	Easy, some moderate hills (ascended slowly). Mainly on quiet roads, sometimes on busier county roads. May include some unpaved, gravel sections.
<b>Class 3</b>	More difficult, steep ups and downs, trail rocky but stable.	Intermediate, includes hills. Primarily roads (quiet as well as busier county); but may include some unpaved sections.
<b>Class 4</b>	Most difficult, very steep ups and downs, unstable footing, hand holds may be necessary.	Intermediate, including hills, some steep and long. Primarily roads (quiet as well as busy). Bike paths, if involved, must be paved.
<b>Pace Classifications</b>	<b>Hikes</b>	<b>Rides</b>
<b>Class A</b>	Leisure pace, accommodates the leisure hiker Amble, unhurried, with frequent stops	Leisurely pace, cruise on flat 7 to 12 mph; Overall average 7 to 8 mph; frequent stops
<b>Class B</b>	Amble, unhurried, with frequent stops	Steady but leisurely pace. Cruise on flat 9 to 13 mph; Overall moving average 9 to 10 mph
<b>Class C</b>	Moderate, energetic to cover a proposed distance.	Moderate. Cruise on flat 11 to 14 mph, Overall moving average 10 to 11 mph.
<b>Class D</b>	Brisk, capable of walking at a quick pace for prolonged periods	Cruise on flat 12 to 16 mph; Overall moving average 11 to 12 mph.



## Hiking Guidelines

1. Questions about a hike should be directed to the hike leader prior to day of the hike.
2. Hiking boots are required for all hikes other than those classified as 1A. Sneakers may be appropriate for a Class 1A hike. Check with hike leader.
3. Many find that hiking sticks increase stability on steep and/or rocky trails. Consider bringing one!
4. Remember to contribute towards gas when you are a passenger in a carpool.
5. What to Bring on a Hike:
  - a. adequate drinking water, especially during hot weather.
  - b. your own snacks, as needed. If lunch is planned following the hike, it may be later than a normal lunch time meal.
  - c. your own basic first-aid kit. Leaders are not trained in first aid and are not expected to provide first-aid supplies.
  - d. weather-appropriate clothing items to layer as conditions change.

## Bicycle Ride Guidelines

1. On all rides, leader will wait at intervals for all riders to catch up.
2. Questions about a ride should be directed to the ride leader prior to day of the ride.
3. **A suitable bicycle, helmet, extra inner tube and water are required for ALL rides.**
4. For most HHC rides a hybrid bicycle is very suitable. For longer faster rides a road bicycle might be considered. Note that hybrids with their wider tires excel on all types of surfaces and are sturdy and reliable. Road bikes with their narrow high-pressure tires roll easier but are not good on gravel.
5. Your bicycle must be in good operating condition, especially the brakes and gears.
6. Tires should be fully inflated and wheels securely fastened.
7. A cell phone is recommended. A spare inner tube, levers and a multi-tool are useful items to carry. Also a small first aid kit for treating cuts, grazes etc. Leaders are not trained in first aid and are not expected to provide first aid supplies.

## **A Selection of Directions from Flemington to HHC Hike Starting Points**

### **Bulls Island State Park**

- Route 202 South to Lambertville exit (last exit in NJ, just before toll bridge)
- Left at end of exit ramp; Right at stop sign onto Route 29 North; continue through Stockton
- Left onto Route 29 North after passing Prallsville Mill; continue three miles to Bulls Island on the left
- Park in first parking on the right

#### **Alternate Route 1:**

- Route 12 West to Frenchtown
- Left at blinking light, then first Left onto Route 29 South; continue nine miles to Bulls Island on the right

#### **Alternate Route 2:**

- Route 523 to Stockton; Right onto Route 29 North; follow directions above from Stockton

### **Clinton Commuter Lot, Clinton, NJ**

- Route 31 North to intersection with Route 78
- Take the first right, the first right again, and left at the first traffic signal.
- Parking lot is on the right, across from McDonald's
- From Route 78 East: exit 16, right at first light
- From Route 78 West: exit 17 onto Route 31 North

### **Clinton Wal-Mart from Route 78 West**

- Exit 15: Left onto Route 513 South to second traffic light
- Turn Left, go up hill, Right at stop sign into parking lot; park in area farthest from the stores

### **Deerpath Park**

#### **From Flemington:**

- Route 31 North, Right onto West Woodschurch Road; continue 0.7 mile to park entrance on right (follow YMCA and Deerpath signs)
- Continue past YMCA and soccer fields to main parking lot at end of driveway near rest rooms

#### **From Clinton:**

- Route 31 South 6.5 miles from I-78 to West Woodschurch Road jug handle
- Cross over Route 31 and follow directions above

### **Frenchtown by Delaware River Bridge**

- Route 12 West to traffic light in Frenchtown
- Turn Left and follow road around to the right
- Parking lot is on Left just before bridge, after Bridge Street Café

### **High Bridge Municipal Lot**

- Route 31 North, Right onto Route 513 towards High Bridge
- Right just before train station onto Route 513 and continue under the overpass
- Left onto Main Street; continue a few blocks almost to end, then Left into parking lot just before Route 513 turns right

### **Holcombe-Jimison Farm, Lambertville, NJ**

- Route 202 South to Lambertville exit (last exit in NJ).
- Left at stop sign at bottom of ramp, right at the stop sign onto Route 29 North
- Immediate left into Holcombe-Jimison Farmstead.
- Follow entrance road to the end and park on left just before towpath.

### **Morales Park, Flemington**

- Route 202 to Flemington circle; follow signs for Route 12 West.
- Pass another circle (Hess station), continue on Route 12 past third circle (Dvoor Farm)
- Right onto Old Croton Road; Right at Capner Street; parking lot is on the right.

### **Pennington Market**

- Route 202/31 South six miles; Route 31 South eight miles to Delaware Avenue, Pennington
- Park at south end of lot, away from buildings

### **Prallsville Mill, Stockton, NJ**

- Route 523 South to Stockton.
- Right on Route 29.
- Go 1/2 mile to Mill on left.

### **Spruce Run**

- Route 31 North past Clinton and High Bridge.
- LEFT at Van Syckles Road traffic light (Toyota dealer)
- Park in the first lot on the left by the water.

### **Taco Bell, Flemington**

Route 202, one-fifth mile south of Flemington Circle (Shop-Rite, Marshalls, Dollar Tree)