

Hunterdon Hiking Club

Organized 1980

Affiliate of the Hunterdon County
Department of Parks and Recreation



WINTER 2017-18 NEWSLETTER DECEMBER-JANUARY-FEBRUARY

HHC Web Page: www.HunterdonHikingClub.org

Hunterdon Hiking Club
C/O Hunterdon County Dept of Parks & Recreation
PO Box 2900
Flemington, NJ 08822-2900

Note : This version was edited for web publication and omits meeting place detail and most leader personal contact info

GENERAL INFORMATION ABOUT THE HUNTERDON HIKING CLUB

Who we are!

The Hunterdon Hiking Club (HHC) is an affiliated organization of the Hunterdon County Parks System. The purpose of the club is to provide a forum where individuals may join with others for the personal enjoyment of hiking and other outdoor activities.

What do we do?

Hikes are scheduled for almost every Saturday, Sunday, Tuesday, Wednesday and Thursday. Bicycle rides are scheduled on Tuesdays and Fridays in season and shorter hikes are scheduled for Tuesdays. Canoe/kayak trips and X-country skiing are often scheduled as the weather permits. Weekday trips combining a city walk plus a visit to a museum are occasionally scheduled.

HHC General Membership Meetings

HHC meetings are the second Thursday of the month, at the Parks Office:

1020 Highway 31, Lebanon, NJ 08833 www.co.hunterdon.nj.us/depts/parks/parks.htm.

The meetings start at 7pm. (No meetings in July, August & December).

Hunterdon Hiking Club Officers - June 2017 – May 2018

President: Pat Hennessy 908-963-7327

Secretary: Hilma P

Treasurer: Tom Beier 609-397-9675 (address in application form, page 3)

Website: Mark H

Indoor Program:

Gail J, Doris S

Beth and Bruce M

Outdoor Program:

Mary C, Lynn N

June F, Pam B

Membership: Loretta Mizeski ljmski@embarqmail.com

Gail Jacobsen Jacobseng@mail.com

Newsletter: Tom N

Hospitality: Lynn N

Hunterdon Hiking Club Membership Form

Membership Year: August 1st to July 31st

Please check one: New Renewal (**Please renew by July 31**)

Please Print Neatly:

Name: _____

If family membership, please list other family members:

Address: _____

City, State, Zip: _____

Telephone: _____

Email: _____

The HHC Newsletter will be sent to your e-mail address.

Check here if you **need** to receive a hardcopy newsletter via regular mail: _____.

(Note: Although we don't currently charge extra, the hardcopy costs the club about \$10 per membership/year, plus volunteer labor; e-mails are free!)

Payment Enclosed:

1. Membership: \$ _____ **Circle one:** One year Single (\$15) Family (\$20)
Two years Single (\$30) Family (\$40)
2. HHC Club Patch if desired: \$ _____ # _____ patches @ \$3 each
3. Total Enclosed: \$ _____ (check payable to **Hunterdon Hiking Club**)
4. **Today's Date:** ____/____/____

New members or members with any info changes, please mail application with check to: **Loretta Mizeski, 130 Philhower Ave., Califon, NJ 07830.**

Renewing members with **no changes in info**, please mail check **directly** to treasurer: **Tom Beier, 8 Edna Horn Dr. Stockton, NJ 08559** (no application needed but indicate member name if single membership on joint check and one or two year membership).

New members need to sign the liability waiver (on next page). Please include it with the application and check. Note that the membership year ends July 31. However **new** members who join after March 1 do not have to renew until July of the following year. Any questions about new memberships contact **Gail Jacobsen**; jacobseng@mail.com. Current members contact **Loretta Mizeski** at ljski@embarqmail.com

Note: We use emails, sent via Yahoo Group Updates, to send out notices for cancellations and last-minute changes. When you join, you will receive an invitation to sign up to receive these emails.

For Membership Committee use only:

_____ Recorded _____ Liability Waiver received (new member)
_____ Acknowledged _____ Yahoo Group invitation sent (new members)

Rev 5/17

HUNTERDON HIKING CLUB MEMBER GUIDELINES AND LIABILITY WAIVER

PURPOSE OF THE CLUB:

To provide an opportunity to explore the outdoors by hiking, biking, canoeing, cross country skiing, etc. with others who have similar interests.

GUIDELINES FOR PARTICIPATION:

1. Choose an activity that is appropriate for your level of expertise. If you have questions about the degree of difficulty, please call the activity leader.
2. Bring water, appropriate footwear, personal first aid kit and clothing for possible inclement weather.
3. Arrive at the meeting place 5-10 minutes before the departure time listed.
4. Familiarize yourself with the plan of the day.
5. Do not bring pets on hikes unless otherwise indicated.
6. Do not consume alcoholic beverages during the hike itself.
7. During the activity, stay with the group. Don't stop, lag behind, or go ahead without the leader's knowledge.
8. Leave the area as you find it: pack out all trash, do not pick wildflowers, etc.
9. Smokers: Please wait for rest stops and be considerate of others. Make sure your cigarettes are extinguished before continuing the activity. It is preferred that you do not smoke.
10. If reservations are required, call leader by date stated. If a deposit is required, the deposit is your reservation, not the phone call. In most cases, deposits cannot be refunded unless a replacement is found.
11. The activity leader reserves the right to terminate the activity if he/she believes the group or an individual's health or safety is in jeopardy.

HAZARDS AND RISKS:

I understand that during my participation in any Hunterdon Hiking Club activity, I may be exposed to a variety of hazards and risks, foreseen or unforeseen, which may be inherent in each activity and cannot be eliminated without destroying the unique character of the activity. I am personally responsible for all risks associated with travel to/from the starting point of any activity. The leaders of these activities are volunteers, not paid professional guides or leaders.

PERSONAL RESPONSIBILITY:

1. No one but myself is responsible for my safety when I choose to challenge my capabilities or personal health conditions. I take responsibility for having appropriate skills and physical conditioning, equipment and supplies for these activities.
2. I also understand that there may not be immediate rescue or medical facilities or expertise necessary to deal with the injuries and damages to which I may be exposed.

LIABILITY WAIVER:

I understand and agree that I am voluntarily participating in an activity with the Hunterdon Hiking Club and assume all risks and hazards incidental to such participation. I waive and release all rights and claims for damages against the Hunterdon Hiking Club, its officers, volunteers, and other participants for any and all injuries that may be suffered while participating in any of their activities. I further agree to indemnify and hold harmless the Hunterdon Hiking Club and each of its members from any claim for loss or damage

or injury to me or any member of my family arising from or in connection with any participation in the program listed. **(All adult members in single or family memberships must sign below when they first join.)**

Print
Name _____ **Signature** _____ **Date** _____

Print
Name _____ **Signature** _____ **Date** _____

New members only: Please sign and return to the Membership Chair of the Hunterdon Hiking Club.

REVISED 2010

Indoor Program Schedule

Thursday, January 11 7:00 p.m. PERSPECTIVES ON CROATIA

Four hiking club members traveled to Croatia recently. They chose different ways to visit this beautiful country. Jackie C and Pam B explored by hiking in the National Parks and other trails, and Dave and Mary C took to the sea and sailed around the coastline. They will share their adventures , and of course, their photos.

Thursday, February 8, 2018 7:00 p.m. - President's Month Presentation

Join us and Gloria C, teacher and lecturer, in celebration of President's month with a fast pace presentation of tantalizing trivia and fun facts, with special emphasis on the assassination of Lincoln using slides of original photos.

There is no indoor program or meeting in December.

Museum Walks

Occasional trips combining city (or country) walks with a visit to a Museum or a Historic building or site, are scheduled. These are full day trips and include a stop for lunch or dinner. Participation is limited. Further information will be sent by the leaders via Yahoo Groups Updates approximately two weeks before the scheduled event and you may sign up for the trips (by email if possible) after the Yahoo Groups notice. Please respond to the leader listed in the Museum walk write-up to sign up.

Thursday January 25

Franklin Institute..Philadelphia

TERRACOTTA WARRIORS OF THE FIRST EMPEROR

Leader: Doris S

We will take a journey through one of the most significant archeological discoveries in history.

Discovered in 1974 by a farmer in China, thousands of life sized statues, constructed over 2000 years ago, were buried, to guard the tomb of China's first emperor.

The exhibit features 10 of the statues and more than 160 artifacts including weapons, jade, and gold ornaments. Multimedia and interactive features complement the exhibits, including Augmented Reality.

Thursday February 22

Hunterdon Art Museum

Leader: Doris S

A Winter visit to our local museum, plus a walk on the Lansdowne Trail or around Clinton.

This walk is not limited, no need to sign up. Meet at 9:30am at Public parking lot off Leigh Street. 3 miles 1A

Upcoming Events

Community Theater- Friday Nights

If interested in Friday night community theater, contact Laurie H. Periodically we will see a play at one of 4 local community theaters. We have dinner prior to the show and carpool if needed. All arrangements for tickets and restaurant reservations are made by Laurie. And Email will be sent prior to the show date regarding ticket payment.

Hiking Club Holiday Party,2017

WHEN: Saturday December 9 6 to 10 pm WHERE: Razberry's 834 state route 12 in Kingwood
COST: Members: 35.00 Guests: 50.00

Cocktail hour with hors d'oeuvres (cash bar) Buffet dinner with vegetarian options DJ Music for listening or dancing

Mail checks made out to Hunterdon Hiking Club to:

Gail Jacobsen

556 Charlestown Rd

Hampton , N. J. 08827 917-939-6391

Upcoming Weekend Hiking Trip

[April 13-15, 2018 Frost Valley YMCA Hiking Weekend, Claryville, NY in the Catskills](#)

There are still a few spots open in the lodges for this weekend trip. Frost Valley YMCA, a beautiful 5500 acre facility in the Catskills, is running a package hiking weekend which includes 5 very good meals, bunk-bed lodging in modern lodges, staff-led hikes for all levels and hiking related classes and many other activities. We had a great time last year and many said they wanted to do it again! We have reserved two lodges and as of the end of November, there are 24 attending. Each lodge has 4 large and 2 small bedrooms and 4 separate private bathrooms. Although each can accommodate up to 20, I am limiting the number to 12-14 per lodge. Each lodge also has a large common room where we can gather (happy hour!) and a fire pit. The spots remaining are mostly top bunks but that could change if anyone cancels. There are also other options for modern cabins at the same cost per person if you want to book separately. Entire cost is \$139 per person. Frost Valley is about a 3 hour drive from Flemington area. For more info about the facility in general, see their website: frostvalley.org. Contact Loretta Mizeski at ljmski@embarqmail.com or [908-832-7033](tel:908-832-7033) for more details or to check for availability before sending your check.

Weekday Outdoor Activities

Tuesday Short Hikes

- see page 12 for the Tuesday hike schedule

Wednesday Hikes

- see pages 13 for the Wednesday hike schedule.

Thursday “C Pace” (Energetic) Hikes

- see page 14 for the Thursday hike schedule.

Tuesday Bike Rides

Meryl M.

Bike rides spring, summer, and fall of about 12 miles, mostly on bike paths with some stops to enjoy the views. Details on the upcoming ride, including meeting place, will be emailed weekly via Yahoo Group Updates.

Friday Short Hikes

Pat H. 908-963-7327, hennessypat42@gmail.com

Friday short hikes of approximately three miles. Specifics will be emailed weekly via the Yahoo Group Updates. If you are not on the Yahoo Group Updates, you can email Pat or telephone her each week for details.

Friday Bike Rides

Pat H. 908-963-7327, hennessypat42@gmail.com

Friday rides in spring, summer, and fall of twelve to twenty-five miles, followed by lunch. Details are emailed weekly via on the Yahoo Group Updates. If you are not on the Yahoo group you can email Pat or telephone her each week for details.

Leaders Needed

Sign up to Lead an Outdoor Event this Spring

The Outdoor Committee is now scheduling activities for Saturdays & Sundays in the 2018 Spring months: March, April and May. New leaders, as well as experienced leaders are welcome. Pick a favorite spot for hiking or other activity. Pick a date. In January, June F. will be directing you to fill in your event on the HHC weekend calendar. If you can't wait, contact her now._

Weekend Outdoor Activities

OPEN DATES: NO LEADER – There are several open dates. Please sign up on Yahoo Updates to lead a hike on any of these “Open” dates. Please contact a member of the Outdoor Committee if you need help getting the required Sign-In / Liability Waiver, Leader Guidelines or any other information.

Saturday, December 2 New York City 5 Miles Class 2B

10:00 AM Meet: By sculptures (near main ticket booths) at Port Authority Bus Terminal (41st St. between 8 & 9th Aves.)

Marianne V; Tom F

We'll explore the areas where the Gilded Age Mansions were constructed; some are still there. The walk will end at the NYC Public Library where we will see the Christmas tree. Bring snacks and water.

Sunday, December 3 Tyler State Park, PA 5-6 Miles Class 2B

9:30 AM Meet: Holcombe-Jimison Farm, Lambertville, NJ

Pam B.

Walk around the park on hilly woodland trails (a few level areas too) with views of Neshaminy Creek and a covered bridge.

Saturday, December 9 Holiday Party (See upcoming events for details)

6:00 to 10:00 PM Meet: Razberry's 834 State Route 12, Kingwood

Gail J. 917-939-6391

CALL GAIL TO CHECK AVAILABILITY. YOU MAY STILL BE ABLE TO ATTEND.

**Sunday, December 10 Griggstown Native Grassland Preserve or Butler Road Natural Preserve
3 Miles Class 2B**

10:30 AM Meet: 10 Sunset Avenue, Princeton (Griggstown)

Meryl M and Carla O

Wooded with some stream crossings.

Saturday, December 16 Hike Duke Island Park to Duke Farms 5 Miles Class 1C
9:30 AM Meet: Duke Island Park, 189 Old York Rd, Bridgewater, NJ

Linda M

Meet in front of the visitor's center. The new entrance to Duke Farms may be open by Dec. 16. So we will hike along the canal to the John Basilone bridge and from there to Duke Farms and return. Bring a snack if you think you may get hungry and, of course, water.

Sunday, December 17 St. Michael's Farm Preserve in Hopewell 4 Miles Class 2B
10:00 AM Meet: Orlando's restaurant, intersection of routes 31 and 518, Hopewell

Lynn E.

The hike includes fields and woods. There are some hills and the trails may be wet, so hiking poles are recommended. Lunch afterward at Orlando's for those who'd like to have lunch together.

Saturday, December 23 Open

To lead a hike on this date please send details to HHCEventUpdates@yahoo.com

Sunday, December 24 Solebury Road & Canal Walk 5 Miles Class 2B

10:00 AM Meet: Bridge St & Railroad Ave - Stockton NJ

Yolanda E

Walk quiet roads and canal path in Solebury, PA

Saturday, December 30 Orchard Rd. Loop - Road Hike 3.5 Miles Class 1A

10:00 AM Meet: Laport Reserve parking lot on Mountain Road, East Amwell Twp

KA Finch

We'll meet at the Preserve lot and proceed from there to Runyon Mill Road. Then pick up Orchard off of Runyon Mill and follow to Linvale Road turning back up toward Mountain Road and follow to the Preserve lot. Lunch afterward at Hillybilly's or Bistro in Hopewell for those interested.

Sunday, December 31 St. Michaels Preserve 4 Miles Class 2B

12:00 PM Meet: Trailhead on Princeton Ave. Hopewell

Pat H

This hike has a beautiful view of Hopewell. You are invited back for snacks at Pat's

Saturday, January 6 Open

To lead a hike on this date please send details to HHCEventUpdates@yahoo.com

Sunday, January 7 Open

To lead a hike on this date please send details to HHCEventUpdates@yahoo.com

Saturday, January 13 Open

To lead a hike on this date please send details to HHCEventUpdates@yahoo.com

Sunday, January 14, Columbia/Ken Lockwood Trail, 8 Miles, Class 1C

10:00 AM Meet: High Bridge Municipal Parking Lot

Yolanda E

Easy, flat walk

Saturday, January 20 Cattus Island Ramble 4.5 Miles Class 2B

9:30AM Meet: East Amwell Municipal Building, Ringoes (Rt 31/202 & Wertzville Rd.)

Peter B

A hidden gem of the Jersey Shore near Toms River, this 500 acre park includes wetlands, beaches and a variety of forests. Many boardwalk trails and bird watching opportunities. Bring lunch to eat at the beautiful visitor's center.

Sunday, January 21 Cross Country Ski Clinic & Hike (If No snow) 1:30-4pm 2 Miles Class 1A

1:00 PM Meet: NEW JERSEY Washington Crossing State Park NATURE Center-Phone: (609) 737-0609

DANIEL MCA 215-630-7478 DNMCAULIFFE@MSN.COM

In this workshop, the participants will learn about the different types of cross-country ski equipment, what to look for in selecting your first pair of skis. Other topics will include: how to dress, basic 7 skills, your 1st day on skis, and where to go skiing. The indoor lesson will last 1½ hour. If the ground is snow covered, an additional 1+ hour outdoor ski lesson will be offered. If not, We will Hike on the trails. Participants will have to provide their own ski equipment for the outdoor lesson. Call the Nature Center to obtain equipment rental information. Advanced registration required. The workshop will be co-instructed by Kevin Kavanaugh, Ewing and Daniel Nurmi McAuliffe, Langhorne.

Saturday, January 27 Watchung Reservation Sierra Trail 6.5 Miles Class 3B

9:30 AM Meet: Kings Super Market Whitehouse Station near 523 entrance

Charlie B

Hike a portion of the Sierra trail through forests with some ups and downs. Expect wet or icy spots. Lunch on the trail.

Sunday, January 28 Howell Farm loop 4.5 Miles Class 1A

10:00 AM Meet: Dry Run parking lot Rt. 518 1/4 mile S of Wheelfine bike shop

Geoff Nicklen

A short distance on 518 to Wheelfine, then down to Howell Farm and back up Dry Run to our cars. Optional lunch at Orlandos.

Saturday, February 3 Cedar Ridge Preserve in Hopewell Township (Lynn's Soup Hike)

4 Miles Class 2B

10:00 AM Meet: Lynn E.'s house, directions will be sent on HHCUpdates before the hike

Lynn E

Walk 1/2 mile on the road to the Cedar Ridge Preserve, then hike in woods and fields, easy hills. Trails may be wet, so hiking poles are recommended. There will be soup on the wood-burning stove for lunch after the hike.

Sunday, February 4 Round Valley 5-6 Miles Class 3C

9:30 AM Meet: Cushetunk Trailhead, 99 Old Mountain Rd, Lebanon

Mark H

Adventure on seldom used trails in Round Valley, bring lunch.

Saturday, February 10 Open

To lead a hike on this date please send details to HHCEventUpdates@yahoo.com

Sunday, February 11 Hoboken Walk 4 Miles Class 1B

9:30 AM Meet: Taco Bell on Route 202 Flemington

Yolanda E

Walk around waterfront and streets of Hoboken, and through the Stevens Institute campus with spectacular views of NYC Perhaps a stop at the little Hoboken Museum

Saturday, February 17 Spruce Run Highlands Trail SHUTTLE 7 Miles Class 3B

9:30 AM Meet: Spruce Run Lot Nearest 31

Charlie B

Hike a section of the 129 mile Highlands trail through Union Furnace, Spruce Run and Clinton Wildlife Management Areas. Union Furnace section involves 300 ft climb up and down; rest of the trail relatively flat; some road walking. Bring lunch for trail. **Wear your Orange!**

Sunday, February 18 Cross Country Ski Clinic & Hike (If No snow) 1:30-4pm, 2 Miles Class 1A

1:00 PM Meet: NEW JERSEY Washington Crossing State Park NATURE Center-Phone : (609) 737-0609

DANIEL MCA 215-630-7478 DNMCAULIFFE@MSN.COM

In this workshop, the participants will learn about the different types of cross-country ski equipment, what to look for in selecting your first pair of skis. Other topics will include: how to dress, basic 7 skills, your 1st day on skis, and where to go skiing. The indoor lesson will last 1½ hour. If the ground is snow covered, an additional 1+ hour outdoor ski lesson will be offered. If not, we will hike on the trails. Participants will have to provide their own ski equipment for the outdoor lesson. Call the Nature Center to obtain equipment rental information. Advanced registration required. The workshop will be co-instructed by Kevin Kavanaugh, Ewing and Daniel Nurmi McAuliffe, Langhorne.

Saturday, February 24 Frenchtown/Tinicum 4-5 Miles Class 2B

10:00 AM Meet: Frenchtown by the Delaware River Bridge

Sylvia C

Hike roads and Canal path and covered bridge to Tinicum Park , PA. If Snow is present and deep we may add/substitute other winter activities.

Sunday, February 25 Milford Bluffs 4.5 Miles Class 1B

10:00 AM Meet: Frenchtown by the Delaware River Bridge.

Geoff N

Hiking in meadows and woods overlooking the Delaware River. One fairly big hill which we zig zag up. No blazes on this hike but I have done it many times. Optional lunch TBD.

Sunday, March 4, Califon Firehouse Breakfast/Road Hike, 4.5 Miles, Class 2B

9:30 AM Meet: Califon Island Park, Bank Street, Califon

Loretta M. 908-832-7033 or cell 908-892-8294 ljski@embarqmail.com

Walk a short distance from Califon Island Park to the Firehouse for an all-you-can-eat-breakfast (\$7/\$6 Seniors) then walk it off on a scenic loop out of town with one short steep hill and a beautiful view of the valley. If you want to do only the walk, meet outside the Firehouse at 10:30. Rain cancels. Sneakers are fine. Directions: Rt. 513 to Main St., Califon (Rt. 512). Bear left after the bridge, go one block (see Firehouse ahead on right but we are meeting at the park before the breakfast). Turn left onto Bank St.; Califon Island Park is one-quarter mile on the left.

Tuesday Short Hikes. Winter Schedule for 2017-18.

Class: 1A – 3B.

Leader: See individual hikes.

Meeting times: 9-30am.

Leaders: Sylvia C. Lynn E. Ruth F. Gail J. Mary L. Rose Mary M. Geoff N. John S. Doris S.

Note: 1. If bad weather, check your e-mail for HHC updates or call leader to see if the hike is on.

Note: 2 Tues.Calendar URL. http://molykools.ml/cgi-bin/hhc_calendar.py?mode=Tuesday

<p>Dec 5th. Washington NJ History Walk. Meet: Spruce Run lot nearest Rte 31. Class: 1A. Miles: 2. Leader: Gail Jacobsen. Lunch: Draught House.</p>	<p>Jan 23rd. Hoffman Park. Meet: Parking lot on Mechlin Corner Rd. Nr 78 exit 12 Class: 1A. Miles: 2.8. Leader: Mary Lewis. Lunch: Clinton Railroad diner.</p>
<p>Dec 12th. Wings Section of the Raritan + a surprise. Meet: Trailhead on River Rd off Rte31. Nr Deerpath P. Class: 1A. Miles: 2.5. Leader: Geoff Nicklen. Tour & Lunch: At 11 am Costco Mgt gives us a guided tour of the new store in Flem. After, we fine dine there</p>	<p>Jan 30th. WhiteHouse/Rockaway Greenway. Meet: E. Whitehouse Firehouse lot on Old Rte 28. Class: 2A. Miles: 2.5. Leader: RoseMary Mangano. Lunch: WhiteHouse General Store.</p>
<p>Dec 19th. Round Valley Reservoir. Meet: Inside the park at bottom level carpark & canoe launch area. Class: 1B. Miles: 3. Leader. Geoff Nicklen. Lunch: TBD.</p>	<p>Feb 6th. Schicks Preserve. Nr Little York. NJ. Meet: Frenchtown Parking by the Del R bridge Class: 2B. Miles: 2.8. Leader. Geoff Nicklen. Lunch: Little York Inn.</p>
<p>Dec 26th. Stompf Tavern Rd/ Mimis trail. Meet: Bulls Island outer lot. Rte 29. 3 m N of Stockton Class: 2A. Miles: 3/5. Leader: Geoff Nicklen. Lunch: Pot luck at our house. Ask Lynn what to bring.</p>	<p>Feb 13th. Prydes Peak. Alexauken Rd trail head. Meet: Orlandos. Rtes 31 and 518. Class: 2B. Miles: 3. Leader: John Scasny. Lunch: Orlandos.</p>
<p>Jan 2nd. Morales Park . Flemington. Meet: Trailhead on Capner St. Flemington. Class: 2A Miles: 3 Leader: Sylvia Crush-Stanton. Lunch: Potluck at Doris's. Ask Doris what to bring.</p>	<p>Feb 20th. Capooling trail. Meet: Dukes Café. Pittstown. (Park in rows far end) Class: 1A. Miles: 3-4. Leader: Doris Spencer. Lunch: Dukes.</p>
<p>Jan 9th. Tekening trail. Martins Creek. PA. Meet: Spruce Run Parking lot nearest to Rte 31. Class: 2B. Miles: 4. Leader: Lynn Ebeling. Lunch: Riverton hotel and restaurant.</p>	<p>Feb 27th. Goat Hill. Lambertville. Meet: By the Sewerage treatment Plant. By the Del R. ¼ mile past the Lambertville hotel. Class: 2B. Miles: 3.5. Leader: Sylvia Crush-Stanton. Lunch: Nicolas. Lambertville.</p>
<p>Jan 16th. Round Mountain. NJ. Meet: By Rest rooms, Deerpath Park Woodchurch Rd. Class: 2B. Miles: 4. Leader: Ruth Fanjoy.</p>	<p>Mar 6th. Rosedale Park. Meet: Pennington Shopping Center by Burger King. Class: 2B. Miles: 3. Leader: Lynn Ebeling. Lunch: TBD.</p>

Lunch: Stanton Store.

Wednesday Hikes – Winter 2017-18

Class: 1B – 4B

Leaders: See individual hikes

Meeting times: 9:30 a.m.

Class: 1B – 4B, Leaders: See individual hikes, Meeting Times: 9:30 a.m.

Leaders: Geoff N, Linda B. Linda de N. Loretta M. Lynn E. Maria K. Mary Ellen B. Yolanda E.

Note: If bad weather check your e-mail (HHCEventUpdates) or call hike leader to see if hike is on.

<p>Dec 6, Voorhees State Park Meet: Main entrance by Park Office. Additional parking before and beyond this lot. Class: 2B Miles: 4-5 Leader: Loretta M. Lunch: Casa Maya in High Bridge</p>	<p>Jan 24, Sandy Hook Beach Walk Meet: Clinton Walmart Lot 9:30, or at lighthouse by 11:00 latest Class: 2B Miles: 4 Leader: Linda de N. Lunch: Bahr's Landing</p>
<p>Dec 13, Horseshoe Bend Park Meet: Frenchtown by the bridge Class: 2B Miles: 4+ Leader: Maria Katonak Lunch: Galassos</p>	<p>Jan 31, Road walk to Carversville Meet: Bulls Island Class: 2B Miles: 4 Leader: Yolanda E. Lunch: General Store near the bridge</p>
<p>Dec 20, Pottersville Loop Road Walk Meet: Kings Lot Whitehouse Rte 22 E Class: 2B Miles: 4 Leader: Linda de N. Lunch: Gladstone Tavern</p>	<p>Feb 7, Tourne County Park Meet: King's Parking Lot, Rtes. 523+22E Whitehouse Class: 2B Miles: 5.5 Leader: Mary Ellen B. Lunch: Bring lunch & we'll eat along the way.</p>
<p>Dec 27, Washington Crossing State Park Meet: Washington Crossing State Park parking lot by the bridge, where the public bathrooms are Class: 3B Miles: 4 Leader: Lynn Ebeling Lunch: Patriot's Crossing Restaurant</p>	<p>Feb 14, Merrill Creek Reservoir. Meet: Spruce Run parking lot nearest to Rte 31. Class: 2B Miles: 5.5 Leader: Geoff Nicklen. Lunch: Warrington Inn.</p>
<p>Jan 3, Jockey Hollow Meet: Kings Rt 22 Class: 2B Miles: 5 Leader: Linda B. Lunch: Minuteman Restaurant</p>	<p>Feb 21, Baldpate Mountain Preserve from the Main Parking lot on Fiddler's Creek Road Meet: Main parking lot for Baldpate Mt. Preserve on Fiddler's Creek Road. From Lambertville, drive south on route 29 and make a left on Fiddler's Creek Rd. Parking lot up the hill on the left. Class: 3B Miles: 4-5 Leader: Lynn E. Lunch: Patriot's Crossing Restaurant</p>
<p>Jan 10, Ringing rocks County park, PA Meet: Frenchtown by the Delaware River Bridge. Class: 1B Miles: 4.5 Leader: Geoff Nicklen. Lunch: Bridgeton hill Country store.</p>	<p>Feb 28, Paxon / Cutaloosa Road Walk Meet: Bridge St & Railroad Ave - Stockton Class: 2B Miles: 5 Leader: Yolanda E. Lunch: TBD</p>
<p>Jan 17, Sourland Mountain Preserve in Hillsborough Meet: Orlando's restaurant, intersection of routes 31 and 518, Hopewell Class: 3B Miles: 4-5 Leader: Lynn E. Lunch: Orlando's restaurant</p>	

Thursday “C Pace” (Energetic) Hikes –Winter 2017-18

Class: 1C–3C, Meeting Times: 9:30 AM unless otherwise noted.

Always bring a packed lunch to eat on the trail.

Note: If bad weather check your e-mail (HHCEventUpdates) or call hike leader to see if hike is on.

<p>Dec 7, Trexler Nature Preserve Meet: 9:30 AM Spruce Run, lot nearest Rt. 31 Class: 3C Miles: 8 Leader: Charlie B.</p>	<p>Jan 18, Cushetunk Mt via Pickell Park Meet: 9:30 AM Pickell Park. Parking lot across the street from 278 Mountain Road, Lebanon, NJ Class: 2C Miles: 6.5 Leader: Judy M.</p>
<p>Dec 14, Hartshorne Woods Meet: 9:00 AM Kings lot, Rt.523 at Rt.22, Whitehouse Class: 3C Miles: 8 Leaders: Charlie B. Mark H.</p>	<p>Jan 25, Brendan Byrne State Forest Meet: 9:30 AM Pennington Market lot near Burger King Class: 2C Miles: 6 Leader: John S.</p>
<p>Dec 21, Merrill Creek Reservoir Meet: 9:30 AM Spruce Run, lot nearest Rt. 31 Class: 2C Miles: 6 Leader: Mark H.</p>	<p>Feb 1, Point Mountain Shuttle - North Section to South Meet: 9:30 AM Spruce Run, lot nearest Rt. 31 Class: 3C Miles: 6 Leader:Charlie B.</p>
<p>Dec 28, Wickecheoke Greenway Meet: 9:30 AM Leader's house, For directions, email or call leader Class: 2C Miles: 6 Leader: Jackie S.</p>	<p>Feb. 8, High Mountain Park Preserve Meet: 9:30 King’s lot, Rt. 523 at Rt. 22, Whitehouse\ Class: 3C Miles: 6 Leader: Ron G.</p>
<p>Jan 4, Mt. Tammany Sunrise Hike Meet: 5:00 AM Spruce Run, lot nearest Rt. 31 Class: 3C Miles: 4 Leader: Mark H.</p>	<p>Feb 15, Watchung Reservation Meet: 9:30 AM King's lot. Rt. 523 at Rt. 22, Whitehouse Class: 3C Miles: 7 Leader: John S.</p>
<p>Jan 11, Mt. Minsi, PA Meet: 9:30 AM Spruce Run, lot nearest Rt. 31 Class: 3C Miles: 5.1 Leader: Ron G.</p>	<p>Feb 22, Jenny Jump State Forest Meet: 9:30 AM Spruce Run, lot nearest Rt. 31 Class: 3C Miles: 6 Leader: Jackie S.</p>

Hike and Bike Ride Classifications

Hikes and bike rides are rated based on type of terrain and pace. It is important that you select physical activities based on your personal abilities.

Terrain Classification	Hikes	Rides
Class 1	Easy, mostly flat.	Easy, flat. Mostly on bike paths, gravel or paved. Occasionally on roads that will have a small amount of traffic
Class 2	Intermediate, rolling hills, some stone or rocks on trail.	Easy, some moderate hills (ascended slowly). Mainly on quiet roads, sometimes on busier county roads. May include some unpaved, gravel sections.
Class 3	More difficult, steep ups and downs, trail rocky but stable.	Intermediate, includes hills. Primarily roads (quiet as well as busier county); but may include some unpaved sections.
Class 4	Most difficult, very steep ups and downs, unstable footing, hand holds may be necessary.	Intermediate, including hills, some steep and long. Primarily roads (quiet as well as busy). Bike paths, if involved, must be paved.
Pace Classification	Hikes	Rides
Class A	Leisure pace, accommodates the leisure hiker Amble, unhurried, with frequent stops	Leisurely pace, cruise on flat 7 to 12 mph; Overall average 7 to 8 mph; frequent stops
Class B	Amble, unhurried, with frequent stops	Steady but leisurely pace. Cruise on flat 9 to 13 mph; Overall moving average 9 to 10 mph
Class C	Moderate, energetic to cover a proposed distance.	Moderate. Cruise on flat 11 to 14 mph, Overall moving average 10 to

		11 mph.
Class D	Brisk, capable of walking at a quick pace for prolonged periods	Cruise on flat 12 to 16 mph; Overall moving average 11 to 12 mph.

Hiking Guidelines

1. Questions about a hike should be directed to the hike leader prior to day of the hike.
2. Hiking boots are required for all hikes other than those classified as 1A. Sneakers may be appropriate for a Class 1A hike. Check with hike leader.
3. Many find that hiking sticks increase stability on steep and/or rocky trails. Consider bringing one!
4. Remember to contribute towards gas when you are a passenger in a carpool.
5. What to Bring on a Hike:
 - a. adequate drinking water, especially during hot weather.
 - b. your own snacks, as needed. If lunch is planned following the hike, it may be later than a normal lunch time meal.
 - c. your own basic first-aid kit. Leaders are not trained in first aid and are not expected to provide first-aid supplies.
 - d. weather-appropriate clothing items to layer as conditions change.

Bicycle Ride Guidelines

1. On all rides, leader will wait at intervals for all riders to catch up.
2. Questions about a ride should be directed to the ride leader prior to day of the ride.
3. **A suitable bicycle, helmet, extra inner tube and water are required for ALL rides.**

4. For most HHC rides a hybrid bicycle is very suitable. For longer faster rides a road bicycle might be considered. Note that hybrids with their wider tires excel on all types of surfaces and are sturdy and reliable. Road bikes with their narrow high-pressure tires roll easier but are not good on gravel.
5. Your bicycle must be in good operating condition, especially the brakes and gears.
6. Tires should be fully inflated and wheels securely fastened.
7. A cell phone is recommended. A spare inner tube, levers and a multi-tool are useful items to carry. Also a small first aid kit for treating cuts, grazes etc. Leaders are not trained in first aid and are not expected to provide first aid supplies.

A Selection of Directions from Flemington to HHC Hike Starting Points

Bulls Island State Park

- Route 202 South to Lambertville exit (last exit in NJ, just before toll bridge)
- Left at end of exit ramp; Right at stop sign onto Route 29 North; continue through Stockton
- Left onto Route 29 North after passing Prallsville Mill; continue three miles to Bulls Island on the left
- Park in first parking on the right

Alternate Route 1:

- Route 12 West to Frenchtown
- Left at blinking light, then first Left onto Route 29 South; continue nine miles to Bulls Island on the right

Alternate Route 2:

- Route 523 to Stockton; Right onto Route 29 North; follow directions above from Stockton

Clinton Commuter Lot, Clinton, NJ

- Route 31 North to intersection with Route 78
- Take the first right, the first right again, and left at the first traffic signal.
- Parking lot is on the right, across from McDonald's

From Route 78 East: exit 16, right at first light

From Route 78 West: exit 17 onto Route 31 North

Clinton Wal-Mart from Route 78 West

- Exit 15: Left onto Route 513 South to second traffic light
- Turn Left, go up hill, Right at stop sign into parking lot; park in area farthest from the stores

Deerpath Park

From Flemington:

- Route 31 North, Right onto West Woodschurch Road; continue 0.7 mile to park entrance on right (follow YMCA and Deerpath signs)
- Continue past YMCA and soccer fields to main parking lot at end of driveway near rest rooms

From Clinton:

- Route 31 South 6.5 miles from I-78 to West Woodschurch Road jug handle
- Cross over Route 31 and follow directions above

Frenchtown by Delaware River Bridge

- Route 12 West to traffic light in Frenchtown
- Turn Left and follow road around to the right

- Parking lot is on Left just before bridge, after Bridge Street Café

High Bridge Municipal Lot

- Route 31 North, Right onto Route 513 towards High Bridge
- Right just before train station onto Route 513 and continue under the overpass
- Left onto Main Street; continue a few blocks almost to end, then Left into parking lot just before Route 513 turns right

Holcombe-Jimison Farm, Lambertville, NJ

- Route 202 South to Lambertville exit (last exit in NJ).
- Left at stop sign at bottom of ramp, right at the stop sign onto Route 29 North
- Immediate left into Holcombe-Jimison Farmstead.
- Follow entrance road to the end and park on left just before towpath.

Morales Park, Flemington

- Route 202 to Flemington circle; follow signs for Route 12 West.
- Pass another circle (Hess station), continue on Route 12 past third circle (Dvoor Farm)
- Right onto Old Croton Road; Right at Capner Street; parking lot is on the right.

Pennington Market

- Route 202/31 South six miles; Route 31 South eight miles to Delaware Avenue, Pennington
- Park at south end of lot, away from buildings

Prallsville Mill, Stockton, NJ

- Route 523 South to Stockton.
- Right on Route 29.
- Go 1/2 mile to Mill on left.

Spruce Run

- Route 31 North past Clinton and High Bridge.
- LEFT at Van Syckles Road traffic light (Toyota dealer)
- Park in the first lot on the left by the water.

Taco Bell, Flemington

Route 202, one-fifth mile south of Flemington Circle (Shop-Rite, Marshalls, Dollar Tree)

