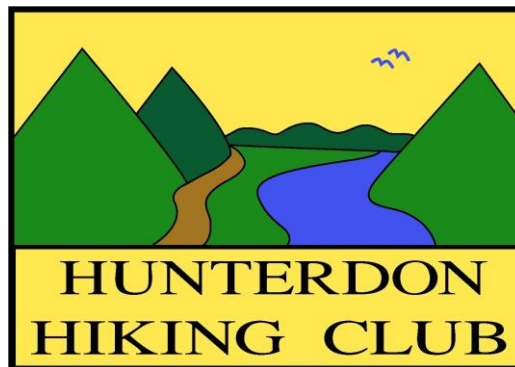


Hunterdon Hiking Club

Organized 1980

Affiliate of the Hunterdon County
Department of Parks and Recreation



SUMMER 2017 NEWSLETTER JUNE-JULY-AUGUST

HHC Web Page: www.HunterdonHikingClub.org

Hunterdon Hiking Club
C/O Hunterdon County Dept of Parks & Recreation
PO Box 2900
Flemington, NJ 08822-2900

Note : This version was edited for web publication and omits meeting place detail and most leader personal contact info

GENERAL INFORMATION ABOUT THE HUNTERDON HIKING CLUB

Who we are!

The Hunterdon Hiking Club (HHC) is an affiliated organization of the Hunterdon County Parks System. The purpose of the club is to provide a forum where individuals may join with others for the personal enjoyment of hiking and other outdoor activities.

What do we do?

Hikes are scheduled for almost every Saturday, Sunday, Tuesday, Wednesday and Thursday. Bicycle rides are scheduled on Tuesdays and Fridays in season and shorter hikes are scheduled for Tuesdays. Canoe/kayak trips and X-country skiing are often scheduled as the weather permits. Weekday trips combining a city walk plus a visit to a museum are occasionally scheduled.

HHC General Membership Meetings

HHC meetings are the second Thursday of the month, at the Parks Office:

1020 Highway 31, Lebanon, NJ 08833 www.co.hunterdon.nj.us/depts/parks/parks.htm.

The meetings start at 7pm. (No meetings in July, August & December).

Hunterdon Hiking Club Officers - June 2017 – May 2018

President: Pat H- 908-963-7327

Secretary: Hilma P--

Treasurer: Tom B--

Website: Mark H--

Indoor Program:

Gail J-- Doris S--,
Beth M- Bruce M--

Outdoor Program:

Mary C-- Lynn N--
June F--Pam B--

Membership: Loretta M--

Gail J-

Newsletter: Tom N -

Hospitality: Lynn N-

2017-18 Membership Renewals Due by July 31st

Reminder: Membership for the 2017-2018 year expires on July 31. Please mark your calendars to renew before July 31. (Note that new members who joined after March 1st of this year are paid up through July of 2018). An e-mail reminder will be sent to you if you have not renewed by mid -August. No reminders will be sent by regular mail. Also please notice on the application the two changes in the process. To save my time and yours, we are offering a two-year membership option. Also renewing members with no changes in info should send check directly to treasurer without needing to fill out an application. Please contact Loretta at ljmski@embarqmail.com if you have any questions about your membership or if you still haven't joined our Yahoo Group so that you receive e-mail notices about last minute changes to upcoming hikes and other events. Thank you! Loretta M- - Membership Chair

Hunterdon Hiking Club Membership Form

Membership Year: August 1st to July 31st

Please check one: New Renewal (Please renew by July 31)

Please Print Neatly:

Name: _____

If family membership, please list other family members:

Address: _____

City, State, Zip: _____

Telephone: _____

Email: _____

The HHC Newsletter will be sent to your e-mail address.

Check here if you need to receive a hardcopy newsletter via regular mail: _____.

(Note: Although we don't currently charge extra, the hardcopy costs the club about \$10 per membership/year, plus volunteer labor; e-mails are free!)

Payment Enclosed:

1. Membership: \$ _____ Circle one: One year Single (\$15) Family (\$20)
Two years Single (\$30) Family (\$40)

2. HHC Club Patch if desired: \$ _____ # _____ patches @ \$3 each

3. Total Enclosed: \$ _____ (check payable to Hunterdon Hiking Club)

4. Today's Date: ____/____/____

New members or members with any info changes, please mail application with check to: Loretta M-, 130 Philhower Ave., Califon, NJ 07830.

Renewing members with no changes in info, please mail check directly to treasurer: Tom B-, 8 Edna Horn Dr. Stockton, NJ 08559 (no application needed but indicate member name if single membership on joint check and one or two year membership).

New members need to sign the liability waiver (on next page). Please include it with the application and check. Note that the membership year ends July 31. However new members who join after March 1 do not have to renew until July of the following year. Any questions about new memberships contact Gail J-; jacobseng@mail.com. Current members contact Loretta M -at ljmski@embarqmail.com

Note: We use emails, sent via Yahoo Group Updates, to send out notices for cancellations and last-minute changes. When you join, you will receive an invitation to sign up to receive these emails.

For Membership Committee use only:

_____ Recorded _____ Liability Waiver received (new member)
_____ Acknowledged _____ Yahoo Group invitation sent (new members)

Rev 5/17

HUNTERDON HIKING CLUB MEMBER GUIDELINES AND LIABILITY WAIVER

PURPOSE OF THE CLUB:

To provide an opportunity to explore the outdoors by hiking, biking, canoeing, cross country skiing, etc. with others who have similar interests.

GUIDELINES FOR PARTICIPATION:

1. Choose an activity that is appropriate for your level of expertise. If you have questions about the degree of difficulty, please call the activity leader.
2. Bring water, appropriate footwear, personal first aid kit and clothing for possible inclement weather.
3. Arrive at the meeting place 5-10 minutes before the departure time listed.
4. Familiarize yourself with the plan of the day.
5. Do not bring pets on hikes unless otherwise indicated.
6. Do not consume alcoholic beverages during the hike itself.
7. During the activity, stay with the group. Don't stop, lag behind, or go ahead without the leader's knowledge.
8. Leave the area as you find it: pack out all trash, do not pick wildflowers, etc.
9. Smokers: Please wait for rest stops and be considerate of others. Make sure your cigarettes are extinguished before continuing the activity. It is preferred that you do not smoke.
10. If reservations are required, call leader by date stated. If a deposit is required, the deposit is your reservation, not the phone call. In most cases, deposits cannot be refunded unless a replacement is found.
11. The activity leader reserves the right to terminate the activity if he/she believes the group or an individual's health or safety is in jeopardy.

HAZARDS AND RISKS:

I understand that during my participation in any Hunterdon Hiking Club activity, I may be exposed to a variety of hazards and risks, foreseen or unforeseen, which may be inherent in each activity and cannot be eliminated without destroying the unique character of the activity. I am personally responsible for all risks associated with travel to/from the starting point of any activity. The leaders of these activities are volunteers, not paid professional guides or leaders.

PERSONAL RESPONSIBILITY:

1. No one but myself is responsible for my safety when I choose to challenge my capabilities or personal health conditions. I take responsibility for having appropriate skills and physical conditioning, equipment and supplies for these activities.
2. I also understand that there may not be immediate rescue or medical facilities or expertise necessary to deal with the injuries and damages to which I may be exposed.

LIABILITY WAIVER:

I understand and agree that I am voluntarily participating in an activity with the Hunterdon Hiking Club and assume all risks and hazards incidental to such participation. I waive and release all rights and claims for damages against the Hunterdon Hiking Club, its officers, volunteers, and other participants for any and all injuries that may be suffered while participating in any of their activities. I further agree to indemnify and hold harmless the Hunterdon Hiking Club and each of its members from any claim for loss or damage or injury to me or any member of my family arising from or in connection with any participation in the program listed. **(All adult members in single or family memberships must sign below when they first join.)**

Print Name _____ Signature _____ Date _____

Print Name _____ Signature _____ Date _____

New members only: Please sign and return to the Membership Chair of the Hunterdon Hiking Club.

REVISED 2010

Indoor Program Schedule

Thursday, June 8, 2017 7:00 PM – HHC websites and Tips

The June indoor program will be a Technical Tips session by our members: Tom N-, Mark H- , Sylvia C-. We will cover access to external public web site; links to secure members only website HHC updates and yahoo groups and calendar for mobile and computer, file and picture posting to yahoo groups. Tips on posting hike updates and viewing pictures can be shared. A few example devices will be on view for live use

There are no indoor programs in July or August.

Museum Walks

Occasional trips combining city (or country) walks with a visit to a Museum or a Historic building or site, are scheduled. These are full day trips and include a stop for lunch or dinner. Participation is limited. Further information will be sent by the leaders via Yahoo Groups Updates approximately two weeks before the scheduled event and you may sign up for the trips (by email if possible) after the Yahoo Groups notice. Please respond to the leader listed in the Museum walk write-up to sign up.

Thursday July 27: BARNES FOUNDATION. Philadelphia
Leader: Doris S -

This museum is noted for its collection of impressionist art. Renoir, Cezanne, Matisse, Van Gogh and many others are well represented here. The museum was originally housed in a mansion in suburban Philadelphia owned by the art collector and businessman, Alfred Barnes. It was established as a center of art education rather than a museum. Much controversy surrounded its move to the present location on Philadelphia's Parkway.

In addition to the permanent collection the museum currently has an exhibition by a contemporary artist, Urban Riders. We will travel to Philadelphia by train.

Upcoming Events

Monthly Community Theatre - Friday Nights

If interested in Friday night monthly community theatre, contact Laurie Hammond at --. We see a play monthly/bimonthly at one of 5 local community theaters. We have dinner prior to the show and carpool if needed. All arrangements for tickets and restaurant reservations are made by Laurie. An email will be sent prior to the show date regarding ticket payment.

Backpacking the Appalachian Trail in Vermont

Monday - Sunday, September 18-24

33.8 miles Class: 3C -- AM departure

Paul U. -

Join us as we start at County Road in VT (where we left off on 10/09/16). Highlights of this section will include the stone foundation of a 19th century tavern, Sucker Pond - Bennington VT's public water supply, the open summit of Harmon Hill, Glastonbury Mountain Fire Tower and the longest section (22.6 miles) of the Trail in VT that doesn't cross a road. Six views are shown on the map for this section. Contact leader for details.

September hike/bike Overnighter in PA Amish Area Sept 19/ 20/ 21

We check into the -Hotel in Pine Grove PA Tues Sept 19 and depart Thurs 21. Pine Grove is an easy 1.5 hour drive where there are great hikes and bike rides. Carsonville, the best bike ride ever is nearby. I have reserved 4 rooms (with kitchen facilities) enough for 8. Cost is \$104 pp for the 2 nights, breakfast is included. Dinner we eat out. Lunches we pack. Reserve with a check for \$104 by Sept 9. If more than 8 wish to come, the motel has more rooms. Geoff N-

October hike Overnighter in the Endless Mtns. PA Oct 24/25/26

We stay in a -rental near Dushore PA. Check in Tues Oct 24 and depart Oct 26th. This is a nice 2.5hour drive where we will hike the Loyalsock trail and then a long favorite, Ricketts Glen. The fall colors will be great. We have stayed at this house before. It is very comfortable. There is room for 8. You make your own breakfasts and lunches. Dinners TBD. Cost is \$75 pp for the 2 nights. To reserve send me a check for \$75 by Oct 14. If more than 8 wish to come, they can contact the owners who have an adjacent house for 4. Geoff Nicklen.

Mon., July 10- Sat., July 15 "Trail Magic" for Appalachian Trail hikers

HHC volunteers will provide food for the through hikers on the trail. See Yahoo Updates for details and sign-up.

37th Annual HHC Picnic - Hold the date - Saturday September 16 If you wish to volunteer or sign up early RSVP Lynn N -

Weekday Outdoor Activities

Tuesday Short Hikes

- see pages 12-14 for the Tuesday hike schedule

Wednesday Hikes

- see pages 15-16 for the Wednesday hike schedule.

Thursday “C Pace” (Energetic) Hikes

- see pages 17-18 for the Thursday hike schedule.

Tuesday Bike Rides

Meryl M. --

Bike rides spring, summer, and fall of about 12 miles, mostly on bike paths with some stops to enjoy the views. Details on the upcoming ride, including meeting place, will be emailed weekly via Yahoo Group Updates.

Friday Short Hikes

Pat H. --

Friday short hikes of approximately three miles. Specifics will be emailed weekly via the Yahoo Group Updates. If you are not on the Yahoo Group Updates, you can email Pat or telephone her each week for details.

Friday Bike Rides

Pat H. --

Friday rides in spring, summer, and fall of twelve to twenty-five miles, followed by lunch. Details are emailed weekly via on the Yahoo Group Updates. If you are not on the Yahoo group you can email Pat or telephone her each week for details.

Leaders Needed

Sign up to Lead an Outdoor Event this Fall

The Outdoor Committee is now scheduling activities for Saturdays and Sundays in the 2017 Fall months: September, October, November. New leaders, as well as experienced leaders are welcome. Pick a favorite spot for hiking or other activity. Pick a date. Notify Lynn N - or to have your hike/activity added to the HHC calendar.

Weekend Outdoor Activities

OPEN DATES: NO LEADER – There are several open dates. Please sign up on Yahoo Updates to lead a hike on any of these “Open” dates. Please contact a member of the Outdoor Committee if you need help getting the required Sign-In / Liability Waiver, Leader Guidelines or any other information.

Currently Open Dates – Jun 4 Jul 1,2,30 Aug 6,13,27

Saturday, June 3, Bike LHT (Lawrenceville-Hopewell Trail) , 20 Miles, Class 1B

10:00 AM --

Meryl M. -- Some road then on unpaved path, and go through Rosedale Park, the historic Pole Farm to Village Park in Lawrenceville. Then turn around. Directions sent before date via HHC Yahoo Updates

Sunday, June 4, Open-No leader

Saturday, June 10, Plainsboro Preserve, 3 Miles, Class 1A

10 AM- -

Avi A. --

Nice hike with views of forest, lake and fields. Option to go to lunch afterwards. If bad weather, will send out update re cancellation or rescheduling via Yahoo Updates morning of hike. Park website and trail map are available at: <http://www.njaudubon.org/sectioncenters/sectionplainsboro/introduction.aspx>

Sunday, June 11, Walpack Ridge to Van Campen Inn, 6+/- Miles, Class 2C

9:30 AM- -

Peggy G. -

Walk along a pond and on an historic road; possible tour of Van Campen Inn. Explore an old ruin and return to Peter’s Valley Art Community. Heavy rain cancels. Bring lunch.

Saturday, June 17, Rosedale/ Mercer Meadows, 5 Miles, Class 2B

9:30 AM Meet: --

Sylvia C. -

_ Walk through woods and around ponds and streams. Public restrooms at start.

Sunday, June 18, Heylar Woods at Rutgers Gardens, New Brunswick, 4 - 5 Miles, Class 1C

10:00 AM Meet: -Linda M-

_ Exploratory walk; I will use a map. Woods and gardens will be beautiful this time of year. Bring snack or lunch. Directions: Heading south on Ryder's Lane from Rte. 1, turn left onto Log Cabin Road. Stay left and at stop sign, turn right to parking lot behind Holly House. Park notes that GPS may be confused if you use 112 Ryders Lane but that is the actual entrance address.

<http://rutgersgardens.rutgers.edu/directions.html>

Saturday, June 24, Kingwood/Delaware Bike Ride, 18 Miles, Class 2B

9:30 AM Meet: -

Joan S. -

_ Park at Bull's Island - do not take your bike off the rack. We will drive 2 miles to Federal Twist Rd. (to avoid the hill) to Strimple Mill Rd and park in the lot at the top Federal Twist and Strimple Mill. Mostly flat, couple of rolling hills and a medium hill at the end. Rest stop at Highland Market.

Sunday, June 25, Ringing Rocks County Park, PA., 4 Miles, Class 2B

10:00 AM Meet: --

Geoff N.--_ We hike to the waterfall and descend on the far bank. Then back up to the falls ascending the dry river bed. Some rock scrambling involved. Optional lunch at the canal Deli

Saturday, July 1, Independence Day Weekend Open-No Leader

Sunday, July 2, Independence Day Weekend Open-No leader, Class 2B

Saturday, July 8, Plainsboro- Cranbury Bike Ride, 16 Miles, Class 1A

10:30 AM Meet: -Meryl M. -

-Bike ride from Plainsboro to Cranbury. Ride the streets and Heritage Park, which has an awesome wonderful secret place, then ice cream. Picnic lunch after the ride on Meryl's patio. Some road and paved trails, some narrow shoulders, mostly flat. Required: helmets, water, extra inner tube.

Sunday, July 9, Mercer County Park, 4.5-5 Miles, Class 1B

9:00 AM Meet: -

Ann L. -

_ Walk along lake and into adjoining Van Ness Wildlife Preserve. Flat with one very little hill. Majority of hike in woods but some parts on paved path. Optional lunch TBD. Call or email with any questions or for directions. The marina is about a mile from the Hughes Drive park entrance.

Saturday, July 15, Deer Park Pond in Allamuchy Natural Area, 6+ Miles, Class 2C

9:30 AM Meet: -

Rich P.- Pleasant hike on the White Trail around Deer Park Pond. Bring lunch and snacks.

Sunday, July 16, Bike Ride Hopewell Twp/ East Amwell, 24 Miles, Class 3A

9:30 AM Meet: --Lynn E.-- Ride on back roads in Hopewell Twp and East Amwell. Ride includes hills and some gravel. Lunch of hot dogs and summer salads at Lynn's house after the ride. Bring your own drinks.

Saturday, July 22, Morales Park, 4 Miles, Class 2B

9:30 AM Meet: --

Peg M. --Lunch TBA if interested. See last page of Newsletter for directions to the Park.

Sunday, July 23, Whittemore Preserve, 3 Miles, Class 2B

9:30 AM Meet: --

Peggy G -

- Lovely walk in the woods, a stream crossing and back along a quiet drive. Heavy rain cancels. Lunch in Oldwick after.

Saturday, July 29, Deer Path Park Hike, Swim and Lunch , 5 Miles, Class 2B

10 AM Meet: --

Jeff A. -

- Start from parking lot, through open field, then nice hike through wooded trails over Round Valley Mountain. If interest, lunch (supplied by me) and swim at my home down the street. If only want to do the lunch/pool, meet at my home 12:30 ish. If you have a favorite dish to bring let me know what it is by July 24. Pool will be open. Bring bathing suit, chair and towel. RSVP by July 24.

Sunday, July 30, Open-No Leader

Saturday, August 5, Lazy August hike and brunch. Wichechoeke Preserve, 3 Miles, Class 1A

10:00 AM Meet:-

Doris S -

- We will walk Lower Creek Road and off road trails. Brunch after at leader's home.

Sunday, August 6, Open-No leader

Saturday, August 12, Bike Ride Plainboro/Mercer County Park, 17 Miles, Class 2B

10:00 AM Meet: --

Meryl M. - Ride on blacktop and roads with shoulders to and through Mercer County Park.

Sunday, August 13, Open-No leader

Saturday, August 19, Tohican Park to Ralph Stover Park, 4-5 Miles, Class 2B

9:30 AM Meet: --

Peggy G. - Great views from High Rocks. Heavy rain cancels. Bring lunch.

Sunday, August 20, Bike Ride in Ringoes area, 23 Miles, Class 3A

9:30 AM Meet: --

Lynn E. - Ride on back roads in Ringoes area. Ride includes hills and some gravel. Lunch at MOM's Restaurant after the ride if there is interest.

Saturday, August 26, Bike Ride Raritan Twp, 18-20 Miles, Class 2C

9:30 AM Meet: --

Pat H. ---- Ride on mostly back roads after about 2 miles on Rte. 523. Some hills. Lunch after if there is interest.

Sunday, August 27, Open-No leader

Saturday, September 2, Labor Day Weekend: Open-No Leader

Sunday, September 3, Labor Day weekend: Open-No Leader

Tuesday Short Hikes – Summer 2017

Class: 1A – 3B.

Leader: See individual hikes.

Meeting times: 9-30am.

Note: If bad weather check your e-mail (HHCEventUpdates) or call hike leader to see if hike is on.

Tuesday, June 6, Jenny Jump SF. Ghost lake entrance, 3 Miles, Class 1B

9:30 AM Meet: --

John Sc. --

Lunch: Villa Venice. Rte 46

Tuesday, June 13, Horseshoe Bend park, 3-4 Miles, Class 2B

9:30 AM Meet: -

Sylvia C -

Lunch: Gallasso's

Bring snack to eat at side shady spot.

Tuesday, June 20, Marble Hill/Highlands in Lopatcong, 3 Miles, Class 2B

9:30 AM Meet: -

Gail J -

Lunch: Brass Rail

Tuesday, June 27, hiking trail around the perimeter of ETS campus in Princeton, 3 Miles, Class 2B

9:30 AM Meet: --

Lynn E. -

Lunch: Orlando's Restaurant

The trail goes through the woods at the perimeter of the ETS campus in Princeton. It follows the Stony Brook stream at some points. Water crossings are on little bridges. Gradual ups and downs, no steep climbs.

Tuesday, July 4, Independence Day Open-No leader

Tuesday, July 11, Wings Section -South Branch Reservation, 4 Miles, Class 2A

9:30 AM Meet: -

Ruth F. -

Lunch: Stanton General Store

The Readington Trail from Deer Path Park is a gradual down-hill to the 'Wings Section' trail along the South Branch river. The hike will go out and back along the same route.

Tuesday, July 18, Lower Creek Road, Delaware Township, 3.5 Miles, Class 1B

9:30 AM Meet: -

John Sc- -

Lunch: Maria Rosas

Wickecheoke Creek

Tuesday Short Hikes – Summer 2017

Class: 1A – 3B.

Leader: See individual hikes.

Meeting times: 9-30am.

Note: If bad weather check your e-mail (HHCEventUpdates) or call hike leader to see if hike is on.

Tuesday, July 25, Hacklebarney State Park, 3.5 Miles, Class 2B

9:30 AM Meet: -

Mary L. -

Lunch: Long Valley Pub and Restaurant

Tuesday, August 1, Pleasant Run Greenway, 4 Miles, Class 2B

9:30 AM Meet: -

RoseMary M. -

Lunch: TBD

A partially shaded walk, with a few hills, and a couple of stream crossings, leading to the Pleasant Run Waterway. We will walk among Pine trees, in some open fields and will have some views of the large organic farm near the trail.

Tuesday, August 8, High Rocks. PA., 3.5 Miles, Class 1B

9:30 AM Meet: -

Geoff N.-

Lunch: Pack a lunch to eat by the Creek. Optional ice-cream or The Local.

Starting at High Rocks the trail follows the ridge line and then descends to the Tohickon Creek. Option to cool your feet here.

Tuesday, August 15, Capoolong Creek Trail - Eastern Portion, 3.8 Miles, Class 1B

9:30 AM Meet: -

Rich D. -

Lunch: TBD

Shaded & level, mostly along the creek; good for even a hot August day. Walk west from Sidney Sch. Rd. on the trail to junction of Upper & Lower Kingtown Rd and back by same route.

Tuesday, August 22, Watchung Preserve., 4 Miles, Class 1B

9:30 AM Meet: -

Geoff N. -

Lunch: At Nancy H--

Various loops in the woods and along creeks. For anyone wishing to meet at the Preserve, meet in the Trailside Nature Center Parking lot 10-15am. GPS -. Nancy's - if you wish to bring something for her lunch.

Tuesday, August 29, Hill & Dale Preserve (Tewksbury Twp.), 3.0 Miles, Class 2B

9:30 AM Meet: -

Joan S -

Lunch: Oldwick General Store

Rolling hills, open fields, & woods Directions: Route 523 North thru Oldwick. 1st left out of town is Hill & Dale Rd. Turn Left, go about a mile and turn right on Parsonage Lot Road. Trail head is about 1/4 mile on right.

Tuesday Short Hikes – Summer 2017

Class: 1A – 3B.

Leader: See individual hikes.

Meeting times: 9-30am.

Note: If bad weather check your e-mail (HHCEventUpdates) or call hike leader to see if hike is on.

Tuesday, September 5, new trail - Rocky Brook in Hopewell twp., 3 Miles, Class 2B

9:30 AM Meet: -

Lynn E. -

Lunch: Orlando's Restaurant

This is a brand-new lollipop trail that follows the Stony Brook and the Rocky Brook in Hopewell Township. Walk to the trailhead from Orlando's Restaurant. The trail goes through shady woods, follows the streams for a while, with several crossings on rocks. There are gradual ups and downs, facilitated by rock steps that have been built into the trail, no steep grades. The trail is rocky at times.

Wednesday Hikes – Summer 2017

Class: 1B – 4B

Leaders: See individual hikes

Meeting times: 9:30 a.m.

Note: If bad weather, check your e-mail (HHCEventUpdates) or call leader to see if the hike is on.

Wednesday, June 7, Tohicken State Park, 4-5 (bring poles) Miles, Class 2B

9:30 AM Meet:

Maria K -

Lunch: pack to eat by creek

Wednesday, June 14, Road/Canal Walk starting from Stockton, 5 Miles, Class 2B

9:30 AM Meet: -

Yolanda E -

Lunch: Dilly's Bridge St

Wednesday, June 21, Crystal Springs Section Teetertown Preserve, 5 Miles, Class 2B

9:30 AM Meet: -

Linda de N -

Lunch: Tony's Pub Califon

Moderate to easy pathways by meadows, ponds, and stream.

Wednesday, June 28, Cuttalossa Road walk (New Hope), 5 Miles, Class 2B

9:30 AM Meet: -

Maria Ka -

Lunch: Lumberville General Store

Wednesday, July 5, Johnsonburg Swamp., 5.5 Miles, Class 2B

9:30 AM Meet: -

Geoff N -

Lunch: Villa Venice. Also pack a snack.

This is a unique hike through deep ravines and over ridges. The route is unblazed. This hike is for the adventurous who are ready for the unexpected. Yes, we get lost every time but always get out.

Wednesday, July 12, Cushetunk Picnic and Round Valley Wading, 6 Miles, Class 2B

9:30 AM Meet: -

Tom N -

Lunch: Pack picnic

Wednesday, July 19, Califon Road Walk, Picnic and Swim, 4.5 Miles, Class 1B

9:30 AM Meet: -

Tom N -

Lunch: Loretta 's House in Califon- Check Yahoo Updates for directions and what to bring

Wednesday, July 26, Peace Valley, 4 Miles, Class 2B

9:30 AM Meet: -

Linda B -

Lunch: Gardenville Inn, Pipersville PA

Wednesday Hikes – Summer 2017

Class: 1B – 4B

Leaders: See individual hikes

Meeting times: 9:30 a.m.

Note: If bad weather, check your e-mail (HHCEventUpdates) or call leader to see if the hike is on.

Wednesday, August 2, Hacklebarney State Park, 3.5 Miles, Class 3B

9:30 AM Meet: -

Mary Ellen B-

Lunch: TBD

We'll carpool from King's to park. If someone would like to meet us at the park, the address is 119 Hacklebarney Road, Long Valley, NJ.

Wednesday, August 9, Canoe/Kayak trip., 8 river miles. Miles, Class 1A

9:30 AM Meet: -Geoff N -

Lunch: On the river. Optional happy hour after.

This is a very scenic river run with no rapids. It is moving water though. Life jackets mandatory. Have your gear in a waterproof bag. Bring a hat, sunscreen, water and lunch to eat on the river. Hopefully a nice day for a swim too. Further details to come on HHC updates.

Wednesday, August 16, Washington Valley Park, Bridgewater, 5 Miles, Class 2B

9:30 AM Meet: -

Tom N -

Lunch: Chimney Rock Inn

Wednesday, August 23, High Bridge to Hoffman's Crossing Loop via Columbia Trail and Ken Lockwood Gorge, 5 Miles, Class 2B

9:30 AM Meet: -

Linda de N. -

Lunch: Cryan's Tavern Annandale

Mostly flat and shady by or near South Branch of the Raritan River

Wednesday, August 30, Curlis Lake Woods and Rosedale Park, 5 +/- Miles, Class 2B

9:30 AM Meet: meet to carpool at the south end of the Pennington Shopping Center, far behind the Burger King

Lynn E -

Lunch: tbd

The hike will begin in the woods at Curlis Lake in Pennington, through the trails at the Mercer Co. Equestrian Center, and into Rosedale Park, returning along the berm of the lake.

Wednesday, September 6, Kay Environmental Center, 4 Miles, Class 3B

9:30 AM Meet: -

Mary Ellen B -

Lunch: TBD

We'll carpool from Whitehouse. If someone would like to meet us at the Kay Environmental Center the address is 200 Pottersville Road, Chester.

Thursday “C Pace” (Energetic) Hikes – Summer 2017

Class: 1C – 3C Meeting times: 9:00 AM unless otherwise noted. Always bring a packed lunch to eat on the trail. Note: In case of bad weather call leader to make sure hike is on, or check YahooUpdates.

Thursday, June 1, AT hike from Rt 17A to Greenwood Marina, 7.5 Miles, Class 3C

8:30 AM Meet: -

Judy M. -

- ~7.5 miles, primarily on the AT. Lots of boulders, a ladder, and a steep decline by Greenwood Lake.

Thursday, June 8, Mahlon Dickerson Reservation Beaver Pond, 7 Miles, Class 3C

9:00 AM Meet: -

Mark H.

Thursday, June 15, Sterling Forest Fire Tower Trail, 8 Miles, Class 3C

9:00 AM Meet:

Charlie B.

From Sterling lake to Greenwood lake overlook via Bare Rock and Fire Tower trail. 1500 foot elevation gain.

Thursday, June 22, Dunnfield Creek Trail, 9 Miles, Class 3C

9:00 AM Meet: Spruce Run, lot closest to Rt 31

Ron G.

Hike long stretches by Dunnfield Creek, up to Sunfish Pond. Area wooded, includes mountain laurel, rhododendron and dogwood. Lunch along Sunfish Pond, one of the seven wonders of New Jersey! Back down on the AT.

Thursday, June 29, Point Mountain, 7.5 Miles, Class 3C

9:00 AM Meet:

John S.

From Mountain Top Rd parking we will hike the south and central sections.

Thursday, July 6, Wyanoke High Point, 7 Miles, Class 3C

9:00 AM Meet:

Jackie S. Start from the Otter Hole parking lot. Loop through Norvin Green State Forest. Some elevation change. Views of NYC skyline from Wyanoke High Point.

Thursday, July 13, High Mountain Park Preserve, 6 Miles, Class 3C

9:00 AM Meet:

Ron G.

Hike has best view of NYC skyline of trails up North. Rolling and often steep terrain, thru woodlands and wetlands, contains rare and threatened plants and wildlife. Trail is part of Preakness Range of Watching Mountains.

Thursday “C Pace” (Energetic) Hikes – Summer 2017

Class: 1C – 3C Meeting times: 9:00 AM unless otherwise noted. Always bring a packed lunch to eat on the trail. Note: In case of bad weather call leader to make sure hike is on, or check YahooUpdates.

Thursday, July 20, Terrace Pond Shuttle, 8 Miles, Class 3C

9:00 AM Meet:

Mark H.

Thursday, July 27, Franklin Parker Preserve - Red Trail, 6 Miles, Class 3C

9:00 AM Meet: -

Bill W. Pine Barrens hike with blueberries to pick if we're lucky.

Thursday, August 3, High Rocks State Park, PA, 5-6 Miles, Class 3C

9:00 AM Meet: -

John S. -

Walk from High Rocks State Park in PA to Ralph Stover State Park. Great views and an optional fun trail alongside the mountain.

Thursday, August 10, Wickecheoke Greenway, 6 Miles, Class 2C

9:00 AM Meet: Jackie's house (contact leader for directions)

Jackie S. -

Rocky terrain, no elevation change. Some stream crossings--poles may help. Some sections along quiet country roads.

Thursday, August 17, Batona Trail, 10 Miles, Class 2C

8:30 AM Meet: -

John S. -

Continuation of BATONA Trail. SHUTTLE hike from Atison Lake to Quaker Bridge to Batso Village. Long day due to drive times. 8:30 meet up time

Thursday, August 24, Stokes State Forest - Blue Mtn Trail (Part II), 9 Miles, Class 3C

8:30 AM Meet: --

Charlie B. -

Second part of New Blue Mountain trail in Stokes State Forest. Gradual climb from 800 feet to 1300 feet

Thursday, August 31, Green Lane Hike, 8-9 Miles, Class 2C

8:30 AM Meet: --

Susan Sc. --

Shuttle hike at Green Lane Reservoir in PA. Beautiful views. Moderate terrain with one steep climb.

Hike and Bike Ride Classifications

Hikes and bike rides are rated based on type of terrain and pace. It is important that you select physical activities based on your personal abilities.

Terrain Classification	Hikes	Rides
Class 1	Easy, mostly flat.	Easy, flat. Mostly on bike paths, gravel or paved. Occasionally on roads that will have a small amount of traffic
Class 2	Intermediate, rolling hills, some stone or rocks on trail.	Easy, some moderate hills (ascended slowly). Mainly on quiet roads, sometimes on busier county roads. May include some unpaved, gravel sections.
Class 3	More difficult, steep ups and downs, trail rocky but stable.	Intermediate, includes hills. Primarily roads (quiet as well as busier county); but may include some unpaved sections.
Class 4	Most difficult, very steep ups and downs, unstable footing, hand holds may be necessary.	Intermediate, including hills, some steep and long. Primarily roads (quiet as well as busy). Bike paths, if involved, must be paved.
Pace Classifications	Hikes	Rides
Class A	Leisure pace, accommodates the leisure hiker Amble, unhurried, with frequent stops	Leisurely pace, cruise on flat 7 to 12 mph; Overall average 7 to 8 mph; frequent stops
Class B	Amble, unhurried, with frequent stops	Steady but leisurely pace. Cruise on flat 9 to 13 mph; Overall moving average 9 to 10 mph
Class C	Moderate, energetic to cover a proposed distance.	Moderate. Cruise on flat 11 to 14 mph, Overall moving average 10 to 11 mph.
Class D	Brisk, capable of walking at a quick pace for prolonged periods	Cruise on flat 12 to 16 mph; Overall moving average 11 to 12 mph.

Hiking Guidelines

1. Questions about a hike should be directed to the hike leader prior to day of the hike.
2. Hiking boots are required for all hikes other than those classified as 1A. Sneakers may be appropriate for a Class 1A hike. Check with hike leader.
3. Many find that hiking sticks increase stability on steep and/or rocky trails. Consider bringing one!
4. Remember to contribute towards gas when you are a passenger in a carpool.
5. What to Bring on a Hike:
 - a. adequate drinking water, especially during hot weather.
 - b. your own snacks, as needed. If lunch is planned following the hike, it may be later than a normal lunch time meal.
 - c. your own basic first-aid kit. Leaders are not trained in first aid and are not expected to provide first-aid supplies.
 - d. weather-appropriate clothing items to layer as conditions change.

Bicycle Ride Guidelines

1. On all rides, leader will wait at intervals for all riders to catch up.
2. Questions about a ride should be directed to the ride leader prior to day of the ride.
3. **A suitable bicycle, helmet, extra inner tube and water are required for ALL rides.**
4. For most HHC rides a hybrid bicycle is very suitable. For longer faster rides a road bicycle might be considered. Note that hybrids with their wider tires excel on all types of surfaces and are sturdy and reliable. Road bikes with their narrow high-pressure tires roll easier but are not good on gravel.
5. Your bicycle must be in good operating condition, especially the brakes and gears.
6. Tires should be fully inflated and wheels securely fastened.
7. A cell phone is recommended. A spare inner tube, levers and a multi-tool are useful items to carry. Also a small first aid kit for treating cuts, grazes etc. Leaders are not trained in first aid and are not expected to provide first aid supplies.

A Selection of Directions from Flemington to HHC Hike Starting Points

Bulls Island State Park

- Route 202 South to Lambertville exit (last exit in NJ, just before toll bridge)
- Left at end of exit ramp; Right at stop sign onto Route 29 North; continue through Stockton
- Left onto Route 29 North after passing Prallsville Mill; continue three miles to Bulls Island on the left
- Park in first parking on the right

Alternate Route 1:

- Route 12 West to Frenchtown
- Left at blinking light, then first Left onto Route 29 South; continue nine miles to Bulls Island on the right

Alternate Route 2:

- Route 523 to Stockton; Right onto Route 29 North; follow directions above from Stockton

Clinton Commuter Lot, Clinton, NJ

- Route 31 North to intersection with Route 78
 - Take the first right, the first right again, and left at the first traffic signal.
 - Parking lot is on the right, across from McDonald's
- From Route 78 East: exit 16, right at first light
From Route 78 West: exit 17 onto Route 31 North

Clinton Wal-Mart from Route 78 West

- Exit 15: Left onto Route 513 South to second traffic light
- Turn Left, go up hill, Right at stop sign into parking lot; park in area farthest from the stores

Deerpath Park

From Flemington:

- Route 31 North, Right onto West Woodschurch Road; continue 0.7 mile to park entrance on right (follow YMCA and Deerpath signs)
- Continue past YMCA and soccer fields to main parking lot at end of driveway near rest rooms

From Clinton:

- Route 31 South 6.5 miles from I-78 to West Woodschurch Road jug handle
- Cross over Route 31 and follow directions above

Frenchtown by Delaware River Bridge

- Route 12 West to traffic light in Frenchtown
- Turn Left and follow road around to the right
- Parking lot is on Left just before bridge, after Bridge Street Café

High Bridge Municipal Lot

- Route 31 North, Right onto Route 513 towards High Bridge
- Right just before train station onto Route 513 and continue under the overpass
- Left onto Main Street; continue a few blocks almost to end, then Left into parking lot just before Route 513 turns right

Holcombe-Jimison Farm, Lambertville, NJ

- Route 202 South to Lambertville exit (last exit in NJ).
- Left at stop sign at bottom of ramp, right at the stop sign onto Route 29 North
- Immediate left into Holcombe-Jimison Farmstead.
- Follow entrance road to the end and park on left just before towpath.

Morales Park, Flemington

- Route 202 to Flemington circle; follow signs for Route 12 West.
- Pass another circle (Hess station), continue on Route 12 past third circle (Dvoor Farm)
- Right onto Old Croton Road; Right at Capner Street; parking lot is on the right.

Pennington Market

- Route 202/31 South six miles; Route 31 South eight miles to Delaware Avenue, Pennington
- Park at south end of lot, away from buildings

Prallsville Mill, Stockton, NJ

- Route 523 South to Stockton.
- Right on Route 29.
- Go 1/2 mile to Mill on left.

Spruce Run

- Route 31 North past Clinton and High Bridge.
- LEFT at Van Syckles Road traffic light (Toyota dealer)
- Park in the first lot on the left by the water.

Taco Bell, Flemington

Route 202, one-fifth mile south of Flemington Circle (Shop-Rite, Marshalls, Dollar Tree)